

MENU

The Landing at RIVERWOOD SQUARE

Harmony Court at RIVERWOOD SQUARE



RIVERWOOD SQUARE RETIREMENT LIVING
Live Life Here

MONDAY November 2nd	TUESDAY November 3rd	WEDNESDAY November 4th	THURSDAY November 5th	FRIDAY November 6th	SATURDAY November 7th	SUNDAY November 8th
Harmony Court						
Two Eggs any style with Bacon	*Two Eggs any style with Bacon*	*Two Eggs any style with Bacon*	*Two Eggs any style with Bacon*	*Two Eggs any style with Bacon*	*Two Eggs any style with Bacon*	*Two Eggs any style with Bacon*
GF ♥ Soup of Day Cobb Salad Boiled Egg, Avocado, Bacon, Cheddar Cheese & Chicken Warm Potato Scallion Bun & Butter Lemon Tarts or GF ♥ Fresh Fruit Bowl	GF ♥ Soup of Day Cold Cut Sub Ham, Salami, Bologna Mozzarella, shredded Lettuce, Tomato, oil & Vinegar Chips & Dip Ice Cream & Cookies Or GF ♥ Yogurt & Berries	GF ♥ Soup of Day Chicken Fingers French Fries Honey Dill Sauce Nanaimo Bars or GF ♥ Yogurt with Berries	GF ♥ Soup of Day Ham & Swiss Lettuce & tomato On Whole Wheat Bread Sweet Potato Fries Nataliia's Cinnamon Buns or GF ♥ Yogurt with Berries	GF ♥ Smoothie Of Day Chicken Pot Pies Gravy Raw Vegetables & Ranch Root Beer Float or GF ♥ Fresh Fruit Bowl	♥ GF Soup of Day Ranch Turkey & Bacon Sandwich Rye Bread Cucumber Salad Cream Fruit Jello or GF ♥ Yogurt with Berries	GF ♥ *Soup of Day* Curried Egg Salad Sandwich GF ♥ Fresh Fruit Salad Strawberry Milkshake or GF ♥ Yogurt with Berries
Served with Juice, Coffee or Tea	*Served with Juice, Coffee or Tea*	*Served with Juice Coffee or Tea*	*Served with Juice, Coffee or Tea*	*Served with Juice, Coffee or Tea*	*Choice of Juice, Coffee or Tea*	*Served with Juice, Coffee or Tea*
♥ GF *Salad of Day* Hot Beef Sandwich Gravy Vegetable Medley Mashed Potato German Chocolate Cake *Served with Coffee or Tea*	♥ GF *Tomato Juice* Crispy Pork Cutlet Caramelized Onion Gravy Vegetable Rice Pilaf Braised Green Cabbage Warm Apple Crumble *Served with Coffee or Tea*	♥ GF *Soup of Day* Glazed Sweet & Sour Meat Loaf Gravy Scalloped Potatoes Honey Dill Carrots Strawberry Shortcake *Served with Coffee or Tea*	♥ GF *Salad of Day* Chicken Picatta Lemon Caper Sauce Red Skin Potato Wedge Buttered Broccoli Chocolate Fudge brownie *Served with Coffee or Tea*	♥ GF *Tomato Juice* Bacon Cheddar Cheeseburger Crispy Onion Rings Brussel Sprouts Banana Split Cherries & Whip Cream *Served with Coffee or Tea*	♥ GF *Soup of Day* Swedish Meatballs Mushroom Gravy Scalloped Potato Fall Vegetable Medley Pumpkin Pie & Whipping Cream *Served with Coffee or Tea*	♥ GF *Salad of Day* Pork Shoulder Roast Pan Gravy Baked Potato Green Bean Almondine Warm Apple Pie & Vanilla Ice Cream *Served with Coffee or Tea*
Crackers & Cheese *Orange Wedges*	*Red Rose Tea* *Warm Baked Muffin*	*Fruit Punch / Lemonade* *Fresh Banana Slices*	*Red Rose Tea* *Fresh Baked Cookie*	*Red Rose Tea* *Toasted Raisin Bread*	*Ice Cream Novelty Bars*	*Fruit Punch* *PB & J Sandwich*

Diabetic Dessert options include *Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies*

GF ***Gluten Free Dessert options include*** *Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses*

Alternatives: *Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken*