

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 DOOR DECORATING CONTEST Decorate your suite door area and win a prize! Judging will happen on October 31 at 1pm						
8:30 St. Vital Catholic Church Shuttle 10:00 Fort Garry United Church Shuttle 10:45 Fort Garry MB Live Church Service - Theatre 12:00 Jets VS Red Wings – Bistro 1:30 Dolly Parton Heartstrings (Episode 4) – Lower Level 2:00 Happy Hymn Sing-along – Theatre 6:00 Daily Puzzle – Front Desk 7:00 Loonie Bingo – Lower Level	9:30 Exercise– Theatre 10:00 Cranium Crunches – Theatre 3:00 Family Feud Autumn Theme - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Cornhole – Theatre	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 1:30 Resident Council, Meet the Chef & Calendar Review - Theatre 3:00 – Where Did It Come From? (Canada or USA) Game- Theatre 6:00 Daily Puzzle – Front Desk 7:00 Kara Fun Karaoke – Theatre	9:30 Exercise – Theatre 9:30 Bank Shuttle (Advance Signup required) 10:00 Cranium Crunches – Theatre 1:30 Sarah MacArthur City Councilor candidate Chat - Bistro 3:00 Thankfulness Tree - Bistro 6:00 Daily Puzzle – Front Desk 6:30 Jets VS Avalanche – Bistro 7:00 Bingo – Theatre	Happy Birthday Pat Munro & Cheryl Newman! 9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 1:00pm Riverwood Stitchers – Bistro 3:00 – Curling - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Nature Series: The Hidden Life of Pets (Episode 2) - Theatre	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 3:00 Friday Happy Hour with Vic Philips and the Invisible Guys Trio - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Jets VS Bruins - Bistro 7:00 Friday Night Sing Along – Theatre	Happy Birthday & Al Weibel! 9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 1:00 World News and Schmooze Keep up to Date on Local International and World News – Bistro 3:00 Virtual Bowling – Theatre 6:00 Daily Puzzle – Front Desk 7:00 Bombers VS Alouettes – Bistro 7:00 Bingo – Theatre Simchat Torah Begins
8:30 St. Vital Catholic Church Shuttle 10:00 Fort Garry United Church Shuttle 1:30 Dolly Parton Heartstrings (Episode 4) – Lower Level 2:00 Happy Hymn Sing-along – Theatre 6:00 Daily Puzzle – Front Desk 7:00 Loonie Bingo – Lower Level	9:30 Exercise– Theatre 10:00 Cranium Crunches – Theatre 3:00 Family Feud Autumn Theme - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Cornhole – Theatre	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 1:30 Resident Council, Meet the Chef & Calendar Review - Theatre 3:00 – Where Did It Come From? (Canada or USA) Game- Theatre 6:00 Daily Puzzle – Front Desk 7:00 Kara Fun Karaoke – Theatre	9:30 Exercise – Theatre 9:30 Bank Shuttle (Advance Signup required) 10:00 Cranium Crunches – Theatre 1:30 Sarah MacArthur City Councilor candidate Chat - Bistro 3:00 Thankfulness Tree - Bistro 6:00 Daily Puzzle – Front Desk 6:30 Jets VS Avalanche – Bistro 7:00 Bingo – Theatre	COVID & FLU SHOTS ALL DAY ON FLOORS 9:30 Exercise – Dining Room 10:00 Meeting with Georgina Sabesky Coffee & Cat – Bistro 1:00pm Riverwood Stitchers – Bistro 2:30 Happy Hour with the Prairie Joggers - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Concert Series: Elvis Presley - '68 Comeback Special - Theatre	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 1:00- 3:00 Election Advanced Voting for Residents - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Jets VS Ducks – Bistro 7:00 Balloon Badminton – Theatre	Happy Birthday Lynn Boschman! 9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 1:00 World News and Schmooze Keep up to Date on Local International and World News – Bistro 3:00 Fact or Fiction - Theatre 6:00 Daily Puzzle – Front Desk 6:00 Bombers VS Stampeders – Bistro 7:00 Bingo – Theatre
8:30 St. Vital Catholic Church Shuttle 10:00 Fort Garry United Church Shuttle 1:30 Dolly Parton Heartstrings (Episode 5) – Lower Level 2:00 Happy Hymn Sing-along – Theatre 6:00 Daily Puzzle – Front Desk	9:30 Exercise Video – Theatre 1:30 - Riverwood Cinema Presents: Planes Trains and Automobiles – Lower Level 2:00 Sing-along with Cal – Theatre 6:00 Daily Puzzle – Front Desk 7:00 Interdenominational Church - Theatre Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 3:00 Health watch presentation: Constipation- Theatre 6:00 Daily Puzzle – Front Desk 7:00 Kara Fun Karaoke – Theatre 7:15 Jets VS Wild - Bistro	Happy Birthday Doug Cutting! 9:30 Exercise – Theatre 9:30 Superstore Shuttle (Advance Signup required) 10:00 Cranium Crunches – Theatre 1:45 Choir – Dining Room 3:00 Putt-Putt Golf – Theatre 6:00 Daily Puzzle – Front Desk 7:00 Bingo – Theatre	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 1:00pm Riverwood Stitchers – Bistro 3:00 – Mad Scientists and Experiments - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Jets VS Blackhawks – Bistro 7:00 Nature Series: The Hidden Life of Pets (Episode 3) - Theatre	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 3:00 Happy Hour with B- Side Apostles - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Friday Night Sing Along – Theatre 8:30 Bombers VS Elks - Bistro	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 3:00 “Eleven Please” Live Fringe Play (featuring Hope) – Theatre 2:30 Jets VS Hurricanes - Bistro 6:00 Daily Puzzle – Front Desk 7:00 Bingo – Theatre
Happy Birthday Julie Lambert! 8:30 St. Vital Catholic Church Shuttle 10:00 Fort Garry United Church Shuttle 1:30pm Dolly Parton Heartstrings (Episode 6)– Lower Level 2:00 Visit from Air Cadet 220 Squadron - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Loonie Bingo – Lower Level	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 11:00 Vincent Massey Student Visits – Theatre 2:00 Manitoba Burrowing Owl Presentation - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Ladder ball – Theatre	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 11:00 Outing to Half Moon in Lockport (Advance Signup required) 3:00 Move it to the Music - Theatre 6:00 Daily Puzzle – Front Desk 6:00 Resident & Family Halloween Craft Night (RSVP to Shannon required) – Theatre 7:00 Jets VS Blues – Bistro	9:30 Exercise – Theatre 9:30 Bank Shuttle (Advance Signup required) 10:00 Cranium Crunches – Theatre 3:00 New Resident Meet and Greet - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Bingo – Theatre	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 1:00pm Riverwood Stitchers – Bistro 3:00 Travel to Australia with Shannon - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Concert Series: 50's & Early 60's Live performances on TV - Theatre	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 3:00 Happy Hour with The Plant Brothers– Theatre 6:00 Daily Puzzle – Front Desk 7:00 Balloon Badminton – Theatre 9:00 Bombers VS Lions - Bistro	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 1:00 World News and Schmooze Keep up to Date on Local International and World News – Bistro 3:00 Spooky Stories - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Bingo – Theatre
8:30 St. Vital Catholic Church Shuttle 10:00 Fort Garry United Church Shuttle 1:30pm Dolly Parton Heartstrings (Episode 7) - Lower Level 2:00 Happy Hymn Sing-along – Theatre 6:00 Daily Puzzle – Front Desk 6:00 Jets VS Canadiens - Bistro	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 3:00 – “Through the Web” Toss Game - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Curling - Theatre	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 1:30 Outing to Le Croissant Bakery (Advance Signup required) 3:00 Pictionary - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Jets VS Panthers – Bistro 7:00 Kara Fun Karaoke – Theatre	9:30 Exercise – Theatre 9:30 Walmart Shuttle (Advance Signup required) 10:00 Cranium Crunches – Theatre 1:45 Choir - Dining Room 3:00 – Tricky treats and AlcoHOWL (drinks, treats and conversations) - Bistro 6:00 Daily Puzzle – Front Desk 7:00 8th Annual “Howloween” Doggie Fashion Show - Theatre	9:30 Exercise – Theatre 9:30 Bison Run Kindergarteners trick or treating - Street 10:00 Cranium Crunches – Theatre 2:00 Trick or treaters from Viscount Alexander school – Street 3:00 Pumpkin Painting - Theatre 6:00 Daily Puzzle – Front Desk 6:00 Jets VS Lighting – Bistro 7:00 Nature Series: The Hidden Life of Pets (Episode 4) – Theatre	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 10:30 BP Clinic – Activity Room 3:00 Friday Happy Hour with Deception Drive - Theatre 6:00 Daily Puzzle – Front Desk 6:00 Jets VS Panthers – Bistro 7:00 Friday Night Sing Along – Theatre	9:30 Exercise – Theatre 10:00 Cranium Crunches – Theatre 1:00 World News and Schmooze Keep up to Date on Local International and World News – Bistro 3:00 Sewing Club with Heidi – Theatre 6:00 Daily Puzzle – Front Desk 7:00 Bingo – Theatre Halloween