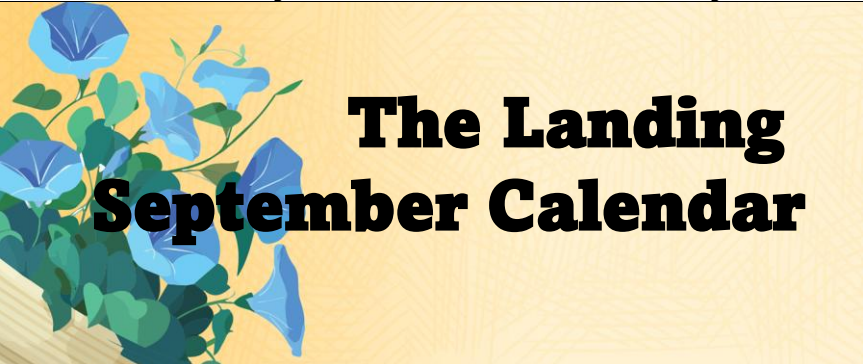


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Exercise – Theatre 1 10:00 Cranium Crunches – Theatre 1:30 Resident Council, Meet the Chef & Calendar Review - Theatre 3:00 Pictionary - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Kara Fun Karaoke – Theatre	9:30 Exercise – Theatre 2 10:00 Cranium Crunches – Theatre 3:00 – Autumn in a Glass - Maple Walnut Affogatos! - Bistro  6:00 Daily Puzzle – Front Desk 7:00 Bingo – Theatre	9:30 Exercise – Theatre 3 10:00 Cranium Crunches – Theatre 3:00 Archery – Courtyard  6:00 Daily Puzzle – Front Desk 7:00 Nature Series: The Hidden Life of Pets (Netflix Episode 1) - Theatre	9:30 Exercise – Theatre 4 10:00 Cranium Crunches – Theatre 3:00 Friday Happy Hour with The Plant Brothers 6:00 Daily Puzzle – Front Desk 7:00 Friday Night Sing Along – Theatre	9:30 Exercise – Theatre 5 10:00 Cranium Crunches – Theatre 1:00 World News and Schmooze Keep up to Date on Local International and World News – Bistro 3:00 Fact or Fiction - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Bingo – Theatre
	8:30 St. Vital Catholic Church Shuttle 6 No service today at Fort Garry United 1:30pm Dolly Parton Heartstrings – Lower Level - Netflix Episode 1 2:00 Happy Hymn Sing-along – Theatre 6:00 Daily Puzzle – Front Desk 6:00 Bombers VS. Roughriders - Bistro 7:00 Loonie Bingo – Lower Level	9:30 Exercise (Video)– Theatre 7 1:30 Riverwood Cinema Presents: “We Bought a Zoo” - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Cornhole – Theatre Labor Day	Happy Birthday Marianne Gruber! 9:30 Exercise – Theatre 8 10:00 Cranium Crunches – Theatre 3:00 Show and Share (bring something important to you) - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Kara Fun Karaoke – Theatre	Happy Birthday Laura Baker! 9:30 Exercise – Theatre 9 10:00 Cranium Crunches – Theatre 3:00 Axe Throwing - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Bingo – Theatre	9:30 Exercise – Theatre 10 10:00 Cranium Crunches – Theatre 3:00 “Staying Mobile and Staying Safe” Presentation - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Concert Series: Vera Lynn Sings (1977) - Theatre	Happy Birthday Donna Gillmor! 9:30 Exercise – Theatre 11 10:00 Cranium Crunches – Theatre 1:00 World News and Schmooze Keep up to Date on Local International and World News – Bistro 3:00 Tailgate Party! Bombers VS Roughriders - Bistro 6:00 Daily Puzzle – Front Desk 7:00 Bingo – Theatre
	8:30 St. Vital Catholic Church Shuttle 13 10:00 Fort Garry United Church Shuttle 1:00 Rainbow Stage Outing to: Fiddler on the Roof (Sign up in Activity Room) 2:00 Happy Grandparents Day! With entertainer Aaron Hutton– Courtyard 6:00 Daily Puzzle – Front Desk Grandparents Day	9:30 Exercise – Theatre 14 9:30 Walmart Shuttle – (Sign up in Activity Room) 10:00 Cranium Crunches – Theatre 1:30pm – Outing to Sargent Sundae “Pumpkin ice Cream” Advance Sign Up Required 2:00 Sing Along with Cal - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Interdenominational Church – Theatre	9:30 Exercise – Theatre 15 10:00 Cranium Crunches – Theatre 3:00 Competition Game (Hand, Slap, and Fist) - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Performance by the Filharmonic Ensemble - Theatre	Happy Birthday Marie Bock & Irene LaCoste! 9:30 Exercise – Theatre 16 10:00 Cranium Crunches – Theatre 1:45 Choir – Dining Room 3:00 Travel to Germany with Shannon - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Bingo – Theatre	9:30 Exercise – Theatre 17 10:00 Cranium Crunches – Theatre 3:00 Sippin’ on September (Drinks, Treats and Conversation) – Theatre 6:00 Daily Puzzle – Front Desk 7:00 Manitoba Underdogs Pet Visit - Theatre	Happy Birthday Hildegard Kohli! 9:30 Exercise – Theatre 18 10:00 Cranium Crunches – Theatre 1:00 LifeSmart Information Session Theatre 3:00pm Travel to Alaska with Resident Al Wiebe 6:00 Daily Puzzle – Front Desk 7:00 Bingo – Theatre Oktoberfest Begins
	Happy Birthday Shirley Gilchrist & Cecile Van Wallegghem! 20 8:30 St. Vital Catholic Church Shuttle 10:00 Fort Garry United Church Shuttle 1:30pm Dolly Parton Heartstrings Netflix Episode 2 – Lower Level 2:00 Happy Hymn Sing-along – Theatre 6:00 Daily Puzzle – Front Desk 7:00 Loonie Bingo – Lower Level Yom Kippur Begins	9:30 Exercise – Theatre 21 10:00 Cranium Crunches – Theatre 3:00 Oktoberfest Party! – Theatre  Featuring Accordion Player Myron Kurjewicz 6:00 Daily Puzzle – Front Desk 7:00 Ladder ball – Theatre	Happy Birthday Terry Rasmussen! 9:30 Exercise – Theatre 22 10:00 Cranium Crunches – Theatre 3:00 New Resident Meet and Greet (Minutes to Win it) - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Kara Fun Karaoke – Theatre Autumn Begins	9:30 Exercise – Theatre 23 10:00 Cranium Crunches – Theatre 1:45 Choir – Dining Room 3:00 Fall and Fragrance Tea Party - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Performance by the “Lads & Lassies” – Dining Room	9:30 Exercise – Theatre 24 10:00 Cranium Crunches – Theatre 1:30 Baking with Hope (Individual Apple Crisps) – Theatre  6:00 Daily Puzzle – Front Desk 7:00 Concert Series: An evening with Nat King Cole BBC Concert 1963! - Theatre	9:30 Exercise – Theatre 25 9:30 Bank Shuttle – (Sign up in Activity Room) 10:00 Cranium Crunches – Theatre 10:30 Blood Pressure Clinic – Activity Room 3:00 Happy Hour with Connor and Helen – Theatre 6:00 Daily Puzzle – Front Desk 7:00 Bombers VS Argos - Bistro Sukkot Begins
	Happy Birthday Betty Charette! 8:30 St. Vital Catholic Church Shuttle 27 10:00 Fort Garry United Church Shuttle 1:30pm Dolly Parton Heartstrings Netflix Episode 3 – Lower Level 2:00 Happy Hymn Sing-along – Theatre 6:00 Daily Puzzle – Front Desk	9:30 Exercise – Theatre 28 9:30 Superstore Shuttle – (Sign up in Activity Room) 10:00 Cranium Crunches – Theatre 1:30pm – Outing to Le Croissant Bakery (Advance Sign Up Required) 3:00 OBIE Games - Theatre 6:00 Daily Puzzle – Front Desk 7:00 Curling - Theatre	Happy Birthday DeEtta Ives! 9:30 Exercise – Theatre 29 10:00 Cranium Crunches – Theatre 3:00 Move it to the Music – Theatre 6:00 Daily Puzzle – Front Desk 7:00 Kara Fun Karaoke – Theatre	Happy Birthday Jennifer Baron & Alice Onyshko! 9:30 Exercise (Video) – Theatre 30 1:30 Keepers of the Land “A powerful award-winning documentary” – Lower Level 6:00 Daily Puzzle – Front Desk 7:00 Bingo – Theatre National Day for Truth and Reconciliation	