



RIVERWOOD
SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY August 3

TUESDAY August 4

WEDNESDAY August 5

THURSDAY August 6

FRIDAY August 7

SATURDAY August 8

SUNDAY August 9

SUBJECT TO CHANGE

Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon
GF♥ Minestrone Soup Deluxe Tuna Salad Sandwich Potato Chips & Dip Orange Citrus Cake Or GF♥ Yogurt & Berries	GF♥ Potato & Leek Soup Corned Beef & Swiss Rye Creamy Cucumber Salad GF♥ Chocolate Pudding Or Fruit Cup	GF♥ Chicken Rice Soup Summer Salad (Boiled Eggs, Candied Walnuts, Red Onion, Strawberries & Grilled Chicken Breast) Bread Stick Ice Cream & Cookies or GF♥ Yogurt & Berries	GF♥ Beef Noodle Soup Loaded Hot Dogs (Bacon, Cheddar & White Onion) Onion Rings GF♥ Mandrin Orange Fluff Or GF♥ Yogurt & Berries	GF♥ Tomato Basil Soup Cuban Sandwich (ham, pork, Swiss cheese, pickles & mustard on grilled rye bread) Corn Salad Nanaimo Bar Or GF♥ Fruit Cup	GF♥ Vegetable Soup Chicken Fingers & Sweet Potato Fries Honey Dill Dip GF♥ Root Beer Float or GF♥ Yogurt & Berries	GF♥ Fruit Smoothie Belgian waffles Bacon Maple Syrup & Whipped Cream Strawberry Coulis GF♥ Broken Glass Or GF♥ Fruit Cup
Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Served with Cranberry Juice Coffee or Tea	Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Choice of Cranberry Juice, Coffee or Tea	Served with Apple Juice, Coffee or Tea
GF♥ Dinner Roll & Butter Shepherd's Pie Green Bean Almondine Berry Crispy & Vanilla Ice Cream	GF♥ Coleslaw Crispy Fried Chicken Potato Wedges Side of Gravy Lemon Cream Cake	GF♥ Mandarin Salad Cranberry Rosemary Pork Loin Scalloped Potatoes Honey Glazed Carrots Chocolate Cream Pie	GF♥ Apple & Feta Salad Battered Cod Lemon Wedges Tartar Sauce Potatoes Wedges Green Peas Berry Trifle	GF♥ Caesar Salad Spaghetti & Meat Sauce Garlic Toast German Chocolate Cake	GF♥ Greek Chicken Piccata Mashed Potatoes Vegetable Medley Peach Cobbler	GF♥ Riverwood House Salad Roast Beef Gravy Yorkshire Pudding Horseradish Mashed Potatoes Honey Dill Carrots Apple Pie
Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea

Diabetic Dessert options include Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

GF **Gluten Free Dessert options include** Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses

Alternatives: Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken