



RIVERWOOD
SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY July 13th

TUESDAY July 14th

WEDNESDAY July 15th

THURSDAY July 16th

FRIDAY July 17th

SATURDAY July 18th

SUNDAY July 19th

Subject to Change

Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon
GF♥ Cream of Potato Montreal Smoked Meat & Swiss Sandwich Rye Bread Western Potato Salad Cherry Jell-O or GF♥ Yogurt with Berries	GF♥ Garden Salad Chicken Stew Gnocchi Dumplings Garlic knot Bun Vanilla Pudding or GF♥ Yogurt with berries	GF♥ Split Pea & Ham Tuna Salad Sandwich Lettuce, Tomato & Brown Bread Sour Cream Cucumber & Dill Salad Butter Tart Square or GF♥ Fresh Fruit Bowl	GF♥ Minestrone Loaded All Beef Hot Dog Corn Chips & Cheese Sauce Strawberry Milkshake or GF♥ Yogurt with Berries	GF♥ Chicken, Vegetable & Rice Broccoli & Cheese Quiche Potato Pancake Patties Chocolate Mousse or GF♥ Fresh Fruit Bowl	♥GF Smoothie Belgian Waffles with Mixed Berries Compote & Whipped Cream Sausage Orange Mandarin fluff or GF♥ Yogurt with Berries	GF♥ Tomato Basil Soup Grilled Cheese & Bacon Sandwich Potato Chip & Dip Cookies & Ice cream or GF♥ Yogurt with Berries
Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Served with Cranberry Juice Coffee or Tea	Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Choice of Cranberry Juice, Coffee or Tea	Served with Apple Juice, Coffee or Tea
GF♥ Greek Baked Honey Soy Chicken Breast Rice Pilaf Buttered Vegetable Medley Apple Pear Crumble	GF♥ Caesar Salad Shepherd's Pie Gravy honey Dill Carrots Coconut Cream Pie	GF♥ Apple & Beets French Garlic Roasted Chicken Pieces Scalloped Potatoes Roasted Root Vegetables Lemon raspberry Trifle	Spring Roll Sweet & Sour Pork Steamed White Rice Thai Style vegetable Mango Ice Cream	GF♥ Coleslaw Battered Cod Tarter Sauce Baby Roasted Potatoes Green Peas and Carrots German Chocolate Cake	GF♥ Spinach Mandarin Salad Turkey Cutlet Demi Glaze Mashed potatoes Tarragon Glazed Carrots Apple Cobbler	GF♥ Riverwood House Salad Beef Pot Roast with Gravy Mashed Potatoes Buttered Vegetable Medley Peach Pie Vanilla Ice Cream
Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea

Diabetic Dessert options include Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

GF Gluten Free Dessert options include Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses

Alternatives: Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken