



RIVERWOOD
SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY July 20th

TUESDAY July 21st

WEDNESDAY July 22nd

THURSDAY July 23rd

FRIDAY July 24th

SATURDAY July 25th

SUNDAY July 26th

HARMONY COURT

GF♥ Soup of Day Turkey & Swiss Lettuce, Tomato & Cranberry Aioli Whole Wheat Bread GF♥ Beet Salad Banana Tart Or GF♥ Yogurt & Berries	GF♥ Soup of Day Baked Bacon Macaroni & Cheese Tomato Wedges Banana Split Or GF♥ Fresh Fruit Cup	GF♥ Soup of Day Meat Lovers Pizza GF♥ Carrot & Celery Sticks Ranch Dip Ice Cream & Cookies	GF♥ Soup of Day Tuna Salad Sandwich Wheat Bread Summer Spinach Salad Date Square Or GF♥ Yogurt & Berries	GF♥ Soup of Day Ham & Swiss Rye Bread Quinoa & Chickpea Salad Rainbow Jello Or GF♥ Yogurt & Berries	GF♥ Soup of Day Egg Salad Sandwich Whole wheat Creamy Cucumber Salad Tiger Brownie	GF♥ Soup of Day Riverwood Breakfast Sandwich Cheddar Cheese, Bacon & Mayo Shredded Hashbrowns GF♥ Sliced Watermelon GF♥ Strawberry Milkshake
Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea
♥GF Salad of Day Toasted Ciabatta Garlic Roll GF♥ Sorrento Salad Mozzarella Cheese with Tomato, Lettuce, Salami & Ham Oil & Vinegar Dressing Ambrosia Served with Coffee or Tea	♥GF Tomato Juice Beef Stroganoff Buttered Egg Noodles Buttered Corn Strawberry Short Cake Served with Coffee or Tea	♥GF Soup of Day Classic Beef Lasagna Texas Garlic Toast Chocolate Brownie & Vanilla Ice Cream Served with Coffee or Tea	♥GF Salad of Day BBQ Glazed Chicken Breast Scalloped Potatoes Roasted Broccoli Tapioca Pudding Served with Coffee or Tea	♥GF Tomato Juice Lemon Pepper Haddock Lemon Cream Sauce Baked Potatoes Green Beans German Chocolate Cake Served with Coffee or Tea	♥GF Soup of Day Chicken Stir-fry Chinese Vegetables & Steamed Noodle Banana Cream Pie Served with Coffee or Tea	♥GF Salad of Day Roasted Herb Turkey Stuffing & Mashed Potatoes Pan Gravy Brussel Sprouts Vanilla Cake Strawberry Compote Served with Coffee or Tea
Crackers & Cheese Orange Wedges	Red Rose Tea Warm Baked Muffin	Fruint Punch / Lemonaid Fresh Banana Slices	Red Rose Tea Warm Baked Cookie	Red Rose Tea Toasted Raisin Bread	Ice Cream Novelty Bars	Fruit Punch PB & J Sandwich

Diabetic Dessert options include Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

GF Gluten Free Dessert options include Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses