



RIVERWOOD SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY June 8th

TUESDAY June 9th

WEDNESDAY June 10th

THURSDAY June 11th

FRIDAY June 12th

SATURDAY June 13th

SUNDAY June 14th

HARMONY COURT

<p>GF♥ Soup of Day</p> <p>Chefs Salad (Ham, Bacon, Cheese, Boiled Eggs, Cucumber slices & Tomato Wedges)</p> <p>Tea Scone & Butter</p> <p>Date Square Or GF♥Yogurt & Berries</p>	<p>GF♥Soup of Day</p> <p>Turkey Sandwich Whole Wheat Bread Cranberry Aioli & Swiss Cheese</p> <p>GF♥Greek Vegetable Salad</p> <p>GF♥Verry Berry Mousse Cups Or GF♥Yogurt & Berries</p>	<p>GF♥ Soup of Day</p> <p>Roast Beef & Havarti Marbel Rye Bread Dijion Aioli</p> <p>Homemade Potato Chips</p> <p>Ice Cream & Cookies Or GF♥Yogurt & Berries</p>	<p>GF♥ Soup of Day</p> <p>Cheeseburger</p> <p>Cantaloup Wedge Potato Salad</p> <p>Chocolate Banana Tart Or GF♥Yogurt & Berries</p>	<p>GF♥ Soup of Day</p> <p>Riverwood English Muffin Breakfast Sandwich</p> <p>GF♥Watermelon & Yogurt Dip</p> <p>Nanaimo Bar Or GF♥Yogurt & Berries</p>	<p>GF♥ Soup of Day</p> <p>Ham & Cheese Sandwich</p> <p>Cucumber Slices/ Carrot Slices & Ranch Dip</p> <p>GF♥Orange Crush Float or GF♥Yogurt & Berries</p>	<p>GF♥ Soup of Day</p> <p>Scrambled Eggs Bacon Strips Hashbrown Patties Fruit Slices</p> <p>GF♥Rainbow Jello & Whipped Cream Or GF♥Fruit Cup</p>
Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea
<p>♥GFSalad of Day</p> <p>Warm Naan Bread</p> <p>Butter Chicken Basmati Broccoli & Cauliflower</p> <p>Chocolate Fudge Brownies</p> <p>Served with Coffee or Tea</p>	<p>♥GF Tomato Juice</p> <p>Meatballs & Gravy Duchess Potatoes Roasted Red Pepper, Red Onion & Mushroom Medley</p> <p>Strawberry Sorbet & Short Bread Cookies</p> <p>Served with Coffee or Tea</p>	<p>♥GF Soup of Day</p> <p>Sticky Sesame Chicken Legs</p> <p>Fried Rice</p> <p>Thai Style Vegetable</p> <p>Marbel Cake</p> <p>Fruit Explosion Sauce</p> <p>Served with Coffee or Tea</p>	<p>♥GFSalad of Day</p> <p>Italian Beef Bolognaise Roasted Cherry Tomato Warm Bread Sticks</p> <p>Bread Pudding & Caramel Sauce</p> <p>Served with Coffee or Tea</p>	<p>♥GF Tomato Juice</p> <p>Hungarian Pork Goulash Buttered Egg Noodles Green Beans</p> <p>Mixed Berry Trifle</p> <p>Served with Coffee or Tea</p>	<p>♥GF Soup of Day</p> <p>Chicken Breast Gravy Asparagus & Baby Red Potato Blend</p> <p>Strawberry Short Cake</p> <p>Served with Coffee or Tea</p>	<p>♥GF Salad of Day</p> <p>Braised BBQ Ribs Mashed Potatoes Honey Dill Carrots</p> <p>Lemon Meringue Pie</p> <p>Served with Coffee or Tea</p>
Crackers & Cheese Orange Wedges	Red Rose Tea Warm Baked Muffin	Fruint Punch / Lemonade Fresh Banana Slices	Red Rose Tea Warm Baked Cookie	Red Rose Tea Toasted Raisin Bread	Ice Cream Novelty Bars	Fruit Punch PB & J Sandwich

Diabetic Dessert options include Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies
GF **Gluten Free Dessert options include** Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses