



RIVERWOOD SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY May 25

TUESDAY May 26

WEDNESDAY May 27

THURSDAY May 28

FRIDAY May 29

SATURDAY May 30

SUNDAY May 31

Gluten Free Soup & Garden Green Salad (served with choice of dressing) – Served Daily

Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon
<p>GF♥ French Onion</p> <p>Bacon, Green Onion and Cheese Quiche</p> <p>Garden Salad</p> <p>Tapioca Pudding</p> <p>GF♥ Fresh Fruit Bowl</p>	<p>GF♥ Borscht with Dill Sour Cream</p> <p>Pepperoni Melt Sandwich on Rye Bread</p> <p>Caesar Salad</p> <p>Lemon Jello</p> <p>GF♥ Yogurt with Berries</p>	<p>GF♥ Cream of Cauliflower</p> <p>Ranch Turkey & Bacon Salad Sandwich on Whole Wheat Bread</p> <p>Carrot & Raisin Salad</p> <p>Root Beer Float</p> <p>GF♥ Fresh Fruit Bowl</p>	<p>GF♥ Tomato & Basil</p> <p>Loaded Hotdog with Crispy Onions</p> <p>French Fries</p> <p>Watermelon Slices</p> <p>GF♥ Yogurt with Berries</p>	<p>GF♥ Ham & Split Pea</p> <p>Open-Face Sloppy Joe's</p> <p>Fried Diced Potatoes and Peppers</p> <p>Tiramisu Mousse</p> <p>GF♥ Fresh Fruit Bowl</p>	<p>GF♥ Smoothie</p> <p>Cheese Omelet with Bacon</p> <p>Fresh Fruit Cup</p> <p>Nanaimo Bars</p> <p>GF♥ Yogurt with Berries</p>	<p>GF♥ Cream of Vegetable</p> <p>Riverwood Breakfast Sandwich (Fried Egg, Sausage, Cheese, and Mayonnaise)</p> <p>Sliced Tomato and Leaf Lettuce</p> <p>Strawberry Milkshake</p> <p>GF♥ Yogurt with Berries</p>
Alternative: Chicken Salad	Alternative: Toasted Tomato & Cheese	Alternative: Chef Choice	Alternative: Grilled Cheese	Alternative: Bacon, Lettuce & Tomato	Alternative: Chef Choice	Alternative: Tuna Salad
<p>Asian Ramen Noodle Salad</p> <p>Pork Cutlet Gravy</p> <p>Garlic Mashed Potatoes Vegetable Medley</p> <p>Mango & Peach Cobbler</p>	<p>GF♥ Greek Salad</p> <p>Pan-Seared Chicken Breast with Mushroom Cream Sauce</p> <p>Roasted Potato Wedges</p> <p>Steamed Sliced Carrots</p> <p>Banana Icebox Cake</p>	<p>GF♥ Riverwood House Salad</p> <p>Classic Beef Lasagna</p> <p>Garlic Toast</p> <p>Buttered Prince Edward Vegetables</p> <p>German Chocolate Cake</p>	<p>GF♥ Waldorf Salad (Apples, Celery & Grapes)</p> <p>Crispy Fried Chicken Pieces</p> <p>Gravy</p> <p>Twice-Baked Potatoes</p> <p>Buttered Corn</p> <p>Pineapple Dream Dessert</p>	<p>GF♥ Tomato, Cucumber and Feta Cheese Salad</p> <p>Beef & Mushroom Pot Pie with Gravy</p> <p>Buttered Mixed Vegetables</p> <p>Berry Trifle</p>	<p>GF♥ Consommé Soup</p> <p>Shrimp & Vegetable Stir-Fry</p> <p>Yakisoba Sauce</p> <p>Fried Noodles</p> <p>Orange Sherbet</p>	<p>GF♥ Riverwood House Salad</p> <p>Whole Roasted Turkey Pan Gravy & Cranberry Sauce</p> <p>Mashed Potato</p> <p>Steamed Green Beans</p> <p>Boston Cream Pie</p>
Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken

Diabetic Dessert options include: Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

GF Gluten Free Dessert options include: Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses