

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>9:30 Exercise – Theatre 1</p> <p>10:00 Cranium Crunches – Theatre</p> <p>3:00 Fact or Fiction– Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Cornhole – Theatre</p>	<p>9:30 Exercise (Video) – Theatre 2</p> <p>2:00pm Walk for Alzheimer’s Meet in the Courtyard Followed by Ice Cream!</p> <p>3:30 OBIE Games - Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Kara Fun Karaoke – Theatre</p>	<p>Happy Birthday Jim Gould 3</p> <p>9:30 Exercise – Theatre</p> <p>9:30 Superstore Shuttle (Sign Up in Activity Room)</p> <p>10:00 Cranium Crunches – Theatre</p> <p>12:30pm – Art Therapy – Lower Level</p> <p>3:00 Virtual Bowling - Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Bingo – Theatre</p>	<p>9:30 Exercise – Theatre 4</p> <p>10:00 Cranium Crunches – Theatre</p> <p>1:30 Resident Council Meet the Chefs and Calendar Review</p> <p>2:30 Planting Party - Courtyard</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Concert Series: Elvis Concert – Aloha from Hawaii 1973 Full Concert</p>	<p>9:30 Exercise – Theatre 5</p> <p>10:00 Cranium Crunches – Theatre</p> <p>3:00 Happy Hour with David St Germain – Courtyard</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Balloon Badminton – Theatre</p> <p>8:00 Bombers vs. Stamps game - Bistro</p>	<p>9:30 Exercise – Theatre 6</p> <p>10:00 Cranium Crunches – Theatre</p> <p>1:00 World News and Schmooze: Keep Up to Date on Local, National, and International News – Bistro</p> <p>3:00 Kick Off to Summer Lawn Games & Iced Tea - Courtyard</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Bingo – Theatre</p>	
<p>Happy Birthday Patricia Arnel 7</p> <p>8:30 St. Vital Catholic Church Shuttle</p> <p>10:00 Fort Garry United Church Shuttle</p> <p>10:45 Fort Garry MB Live Church – Theatre</p> <p>2:00 Happy Sunday Hymn Sing with Janelle – Theatre</p> <p>3:00 Writer’s Circle: Prompts, Creativity, Discussion – Lower Level</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Golden Girl Sundays – Theatre</p>	<p>9:30 Exercise – Theatre 8</p> <p>10:00 Cranium Crunches – Theatre</p> <p>2:00 Sing Along with Cal - Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Interdenominational Church – Theatre</p>	<p>9:30 Exercise – Theatre 9</p> <p>10:00 Cranium Crunches – Theatre</p> <p>3:00 Move it to the Music with Hope - Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Kara Fun Karaoke – Theatre</p>	<p>9:30 Exercise – Theatre 10</p> <p>9:30 Bank Shuttle (Sign Up in Activity Room)</p> <p>10:00 Cranium Crunches – Theatre</p> <p>12:30pm – Art Therapy – Lower Level</p> <p>1:45 Choir – Dining Room</p> <p>3:00 Patio Party “Ice-cream & Music” Courtyard</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Bingo – Theatre</p>	<p>Happy Birthday Joyce Pressey 11</p> <p>9:30 Exercise – Theatre</p> <p>10:00 Cranium Crunches – Theatre</p> <p>10:30 Lunch in Lockport! Outing to Half Moon Drive In Advance Sign Up Required</p> <p>1:00 Riverwood Stitchers – Bistro</p> <p>1:30pm Riverwood Cinema “The Way We Were” – Lower Level</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Nature Series: David Attenborough Presents: Tasmania - Weird & Wonderful</p> <p>7:30 Bombers vs. Ti-Cats - Bistro</p>	<p>9:30 Exercise – Theatre 12</p> <p>10:00 Cranium Crunches – Theatre</p> <p>3:00 Happy Hour with Deception Drive – Courtyard</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Friday Night Sing-along – Theatre</p>	<p>9:30 Exercise – Theatre 13</p> <p>10:00 Cranium Crunches – Theatre</p> <p>1:00 World News and Schmooze: Keep Up to Date on Local, National, and International News – Bistro</p> <p>3:00 Music Bingo - Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Bingo – Theatre</p>
<p>8:30 St. Vital Catholic Church Shuttle 14</p> <p>10:00 Fort Garry United Church Shuttle</p> <p>3:00 Janelle in Japan! Come Explore the Culture Across the Pond! – Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Golden Girl Sundays - Theatre</p> <p>Flag Day (U.S.)</p>	<p>9:30 Exercise – Theatre 15</p> <p>10:00 Cranium Crunches – Theatre</p> <p>3:00 New Resident Meet and Greet “Finding Friends” - Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Curling – Theatre</p>	<p>9:30 Exercise – Theatre 16</p> <p>10:00 Cranium Crunches – Theatre</p> <p>1:30pm Riverwood Cinema “Grumpy Old Men” – Lower Level</p> <p>1:30 “Bake with Hope” - Theatre Advance Sign Up required</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Kara Fun Karaoke – Theatre</p>	<p>9:30 Exercise – Theatre 17</p> <p>9:30 Walmart Shuttle (Sign Up in Activity Room)</p> <p>10:00 Cranium Crunches – Theatre</p> <p>12:30pm – Art Therapy – Lower Level</p> <p>3:00 Women’s Club Spa Day! Relax. Refresh. Recharge. - Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Bingo – Theatre</p>	<p>9:30 Exercise – Theatre 18</p> <p>10:00 Cranium Crunches – Theatre</p> <p>1:00 Riverwood Stitchers - Bistro</p> <p>2:00 Happy Hour with Brett Medinger - Courtyard</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Concert Series: Frank Sinatra – Las Vegas (1978)</p>	<p>9:30 Exercise – Theatre 19</p> <p>10:00 Cranium Crunches – Theatre</p> <p>2:00 Celebrate Filipino Heritage Day! – Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Balloon Badminton – Theatre</p> <p>Juneteenth</p>	<p>9:30 Exercise – Theatre 20</p> <p>10:00 Cranium Crunches – Theatre</p> <p>1:00 World News and Schmooze: Keep Up to Date on Local, National, and International News – Bistro</p> <p>3:00 Summertime Jeopardy - Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Bingo – Theatre</p>
<p>No Church Shuttle Today! 21</p> <p>1:00 Writer’s Circle: Prompts, Creativity, Discussion – Lower Level</p> <p>3:00 Famous Fathers Trivia - Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Golden Girl Sundays - Theatre</p> <p>Father’s Day Summer Begins</p>	<p>9:30 Exercise – Theatre 22</p> <p>10:00 Cranium Crunches – Theatre</p> <p>11:30am Catching Rays & Grilling Days BBQ – Courtyard (Advance Sign Up Required)</p> <p>3:00 Dad Jokes and Doughnuts - Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Axe Throwing – Theatre</p>	<p>9:30 Exercise – Theatre 23</p> <p>10:00 Cranium Crunches – Theatre</p> <p>3:00 Armchair Travel to Peru with Shannon- Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Kara Fun Karaoke – Theatre</p>	<p>9:30 Exercise – Theatre 24</p> <p>9:30 Bank Shuttle (Sign Up in Activity Room)</p> <p>10:00 Cranium Crunches – Theatre</p> <p>12:30pm – Art Therapy – Lower Level</p> <p>1:45 Choir – Dining Room</p> <p>3:00 Surf the Wave and Rave “Summer Cocktail, Music, and Conversations” - Bistro</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Bingo – Theatre</p>	<p>9:30 Exercise – Theatre 25</p> <p>10:00 Cranium Crunches – Theatre</p> <p>1:00 Riverwood Stitchers - Bistro</p> <p>3:00 Bird Photography with Rhonda and Ron Tough- Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Nature Series: Fire and Ice (Full Episode) Wild Yellowstone Nat Geo Animals</p> <p>7:30 Bombers vs. Elks Game - Bistro</p>	<p>9:30 Exercise – Theatre 26</p> <p>10:00 Cranium Crunches – Theatre</p> <p>10:30am Blood Pressure Clinic – Activity Room</p> <p>3:00 Happy Hour with Geoff Erickson – Courtyard</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Friday Night Sing-along – Theatre</p>	<p>Happy Birthday Donna Pierce 27</p> <p>9:30 Exercise – Theatre</p> <p>10:00 Cranium Crunches – Theatre</p> <p>1:00 World News and Schmooze: Keep Up to Date on Local, National, and International News – Bistro</p> <p>3:00 Loonie Bingo - Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Bingo – Theatre</p>
<p>8:30 St. Vital Catholic Church Shuttle 28</p> <p>10:00 Fort Garry United Church Shuttle</p> <p>1:00 Writer’s Circle: Prompts, Creativity, Discussion – Lower Level</p> <p>3:00 Lemonade & Sing Along - Theatre</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Golden Girl Sundays - Theatre</p>	<p>9:30 Exercise – Theatre 29</p> <p>10:00 Cranium Crunches – Theatre</p> <p>3:00 Hearing Presentation with Audiologist Teresa Caruson from Beltone Hearing Care</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Cornhole – Theatre</p>	<p>9:30 Exercise – Theatre 30</p> <p>10:00 Cranium Crunches – Theatre</p> <p>3:00 Canada Day Trivia & Treats Courtyard</p> <p>6:00 Daily Puzzle – Front Desk</p> <p>7:00 Kara Fun Karaoke – Theatre</p>				