



RIVERWOOD SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY May 4th

TUESDAY May 5th

WEDNESDAY May 6th

THURSDAY May 7th

FRIDAY May 8th

SATURDAY May 9th

SUNDAY May 10th

HARMONY COURT

<p> Soup of Day</p> <p>Roast Beef & Havarti Sandwich</p> <p>Creamy Coleslaw</p> <p> Watermelon Slices Rum & Raisin Ice Cream Or Yogurt & Berries</p> <p>Served with Juice, Coffee or Tea</p>	<p> Soup of Day</p> <p>Spinach, Feta & Mushroom Quiche</p> <p>Carrot & Raisin Slaw</p> <p>Triple Berry Cake Trifle or Fruit Cup Bowl</p> <p>Served with Juice, Coffee or Tea</p>	<p> Soup of Day</p> <p>Mini Pulled Pork Sliders</p> <p>Garden Salad Zesty Dressing</p> <p> Rainbow Jello Or Yogurt & Berries</p> <p>Served with Juice, Coffee or Tea</p>	<p> Garden Salad</p> <p>Roasted Turkey & Swiss Cranberry Dijon Aioli Whole Wheat Bread</p> <p>Pickle Spears</p> <p> Nanaimo Bar Or Yogurt & Berries</p> <p>Served with Juice, Coffee or Tea</p>	<p> Soup of Day</p> <p>Baked Nachos (Shredded Chicken, Bell Peppers, tomatoes, olives & Red Onions) Salsa & Sour Cream</p> <p> Very Berry Mousse Or Fresh Fruit Cup</p> <p>Served with Juice, Coffee or Tea</p>	<p>Tropical Mimosa</p> <p>Old Fashioned Fluffy Pancakes Warm Maple Syrup Peach Compote Manitoba Pork Sausages Strawberry Short Cake</p> <p>Specialty Butter Pecan Coffee</p> <p>Served with Juice, Coffee or Tea</p>	<p>Peach Mimosa</p> <p>Eggs Benidict Peameal Bacon & Buttermilk Biscuit Hollandaise Sauce</p> <p>Hashbrowns</p> <p>Watermelon Slices Tiramisu Cake</p> <p>Specialty Butter Pecan Coffee Fruit Bowl</p> <p>Served with Juice, Coffee or Tea</p>
<p> Salad of Day</p> <p>Sheppards Pie</p> <p>Buttered Corn & Bell Peppers</p> <p>Marbel Cake Fudge Icing</p> <p>Evening Snack</p>	<p> Tomato Juice</p> <p>Turkey A La King Buttered Egg Noodles Garlic Butter Broccoli</p> <p>Chefs Choice Pie</p> <p>Evening Snack</p>	<p> Soup of Day</p> <p>Hoisin Shrimp Stir-fry Stir fry Noodles & Thai Style Vegetables</p> <p>Peach Panna Cotta</p> <p>Evening Snack</p>	<p> Salad of Day</p> <p>Veal Cutlets Gravy Brussel Sprout, Cauliflower & Sweet Potato Medley</p> <p>Strawberry Cheesecake Streusel Bar</p> <p>Evening Snack</p>	<p> Tomato Juice</p> <p>Classic Beef Lasagna Bread Sticks</p> <p>German Chocolate Cake</p> <p>Evening Snack</p>	<p> Soup of Day</p> <p>Fried Chicken Gravy Mashed Potatoes Green Bean Almondine</p> <p>Banana Lush</p> <p>Evening Snack</p>	<p> Salad of Day</p> <p>Herb Roasted Turkey Stuffing Pan Gravy Mashed Potatoes Carrots & Peas</p> <p>Ice Cream & Cookies</p> <p>Evening Snack</p>

Diabetic Dessert options include Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

Gluten Free Dessert options include Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses