



RIVERWOOD  
SQUARE  
RETIREMENT LIVING  
Live Life Here



## MENU

*The Landing*  
at  
RIVERWOOD SQUARE

*Harmony Court*  
at  
RIVERWOOD SQUARE



MONDAY Jan 26

TUESDAY Jan 27

WEDNESDAY Jan 28

THURSDAY Jan 29

FRIDAY Jan 30

SATURDAY Jan 31

SUNDAY Feb 1

\*SUBJECT TO CHANGE\*

Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon
GF♥ Soup of Day Grilled Cheese & Bacon Sandwich on Texas Bread Tomato Basil Salad GF♥ Tangerine Mousse or GF♥ Yogurt & Berries	GF♥ Soup of Day Turkey & Havarti Sandwich Marble Rye Dijon Aioli Potato Chips & Dip GF♥ Strawberry Milkshake	GF♥ Fruit Smoothie Beef Quesadilla (Beef, Tomatoes, Peppers, Onions & Spinach) Salsa & Sour Cream Coffee Berry Cake Or GF♥ Fruit Cup	GF♥ Soup of Day Warm Ham & Cheese Croissant Broccoli Salad Butter Tarts Or GF♥ Yogurt & Berries	GF♥ Soup of Day Spinach, Bacon, Feta & Mushroom Quiche Hollandaise Sauce Garden Salad Ice Cream & Cookies Or GF♥ Fresh Fruit Cup	GF♥ Soup of Day Over Medium Eggs Breakfast Sausages Hashbrowns GF♥ Tiramisu Mousse Or GF♥ Yogurt & Berries	GF♥ Soup of Day Belgian waffles & Maple Syrup Whipped Cream Bacon Strips GF♥ Berry Smoothie Or GF♥ Yogurt & Berries
Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Served with Cranberry Juice Coffee or Tea	Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Choice of Cranberry Juice, Coffee or Tea	Served with Apple Juice, Coffee or Tea
GF♥ Three Bean Salad Shepherds Pie Gravy Roasted Root Vegetables Warm Peach Cobbler	GF♥ Garden Salad Teriyaki Braised Chicken Thighs Scalloped Potatoes Buttered Baby Corn Lemon Meringue Pie	GF♥ Spiked Tomato Juice Sweet & Sour Pork Fried Rice Thai Style Vegetables Fortune Cookie Mango Ice Cream	GF♥ Garlic Knot Roll Battered Cod Savoury Potato Wedges Coleslaw Lemon Wedges Fudge Brownie	GF♥ Caesar Salad Spaghetti & Meat Sauce Garlic Bread Stick Banana Splitz	GF♥ Greek Chicken Picatta Vegetable Rice Pilaf Broccoli & cauliflower Cheese Sauce Nutella Lush	GF♥ Riverwood House Salad Roast Beef Pan Gravy Yorkshire Pudding Mashed Potato Vegetable Medley Horse Radish Sauce Apple Pie & Ice Cream
Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea

**Diabetic Dessert options include** Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

GF **Gluten Free Dessert options include** Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses

**Alternatives:** Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken