



RIVERWOOD
SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY October 27th

TUESDAY October 28th

WEDNESDAY October 29th

THURSDAY October 30th

FRIDAY October 31st

SATURDAY November 1st

SUNDAY November 2nd

* Subject to Change *

Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon
♥ ^{GF} Soup of Day Deluxe Egg Salad Sandwich Marbel Rye Bread (Bacon & Radish, Celery & Horseradish) German Cucumber Salad Lemon Tarts or ^{GF} ♥ Yogurt & Berries	♥ ^{GF} Soup of Day Over Medium Egg Corned Beef Hash (Red Onions, Bell Peppers, Shredded Potatoes & Hollandaise Sauce) Date Square or ^{GF} ♥ Fruit Cocktail Cup	♥ ^{GF} Soup of Day Baked Macaroni, Cheese & Crumbled Bacon Fresh Tomato Wedges Strawberry Mousse or ^{GF} ♥ Fruit Cocktail	♥ ^{GF} Soup of Day Roast Beef Sandwich Lettuce & Tomato Dijion Mustard Aioli Greek Pasta Salad Nanaimo Bar or ^{GF} ♥ Yogurt with Berries	♥ ^{GF} Soup of Day Sausage Mummies Chili Cheese Dip Goblin Goo Parfait or ^{GF} ♥ Fresh Fruit Bowl	♥ ^{GF} Soup of Day Frittata Bacon, Eggs, Veggie Fruit Slices Date Square or ^{GF} ♥ Yogurt & Berries	^{GF} ♥ Fruit Smoothie Riverwood Breakfast Sandwich on Fresh Bun (Fried Egg, Sausage, Cheese, Mayonnaise) Tomato Slices Rum raisin Ice Cream or ^{GF} ♥ Fresh Fruit Bowl
Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Served with Cranberry Juice Coffee or Tea	Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Choice of Cranberry Juice, Coffee or Tea	Served with Apple Juice, Coffee or Tea
♥ ^{GF} Caesar Salad Chicken & Vegetable Primavera Linguine Texas Garlic Toast Apple Crisp & Vanilla Ice Cream	♥ ^{GF} Greek Salad Pork Goulash Lemon & Herb Potato Wedges Buttered Corn Nibs Chocolate Fudge Brownies	♥ ^{GF} Riverwood House Salad Breaded Turkey Schnitzel Tzatziki Sauce Rice Pilaf Green Beans Vanilla Cake with Cherry Sauce & Whipped Cream	♥ ^{GF} Creamy Coleslaw Bangers & Mashed Braised Red Cabbage Triple Berry Trifle	♥ ^{GF} Spinach & Mandrin Salad Spooky Spaghetti & Meatballs Garlic Knot Rolls Worms in Dirt	♥ ^{GF} Beet & Apple Salad Battered Fish & Chips Tarter Sauce Vegetable Medley Broken Glass	♥ ^{GF} Riverwood House Salad Roast Beef Gravy Yorkshire Pudding Mashed Potato Pea & Carrots Lemon Meringue Pie
Alternatives: Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken

Diabetic Dessert options include Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

^{GF} **Gluten Free Dessert options include:** Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses