



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY October 6th

TUESDAY October 7th

WEDNESDAY October 8th

THURSDAY October 9th

FRIDAY October 10th


SATURDAY October 11th

SUNDAY October 12th

Gluten Free Soup & Garden Green Salad (served with choice of dressing) – Served Daily

Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon
  Soup of Day	  Soup of Day	  Soup of Day	  Soup of Day	  Soup of Day	  Soup of Day	  Soup of Day
Cobb Salad Boiled Egg, Avocado, Bacon, Cheddar Cheese & Chicken	Ranch Turkey & Bacon Sandwich Wrap Green Onion Aioli	Chicken Pot Pies Gravy Raw Vegetables & Ranch	Perogies & Fried Onion Garlic Sausage Sour Cream	Open-Face Sloppy Joe's Fried Diced Potatoes and Peppers	Over Medium Eggs Rye Toast Hashbrowns Bacon & Tomato Wedges	Tomato Grilled Cheese White Bread Potato Chips with Dip
Warm Potato Scallion Bun & Butter	Carrot & Raisin Salad	Root Beer Float or   Fresh Fruit Bowl	Nanaimo bars or   Yogurt with Berries	Cinnamon Buns or   Fresh Fruit Bowl	Date Square or   Yogurt with Berries	  Strawberry Milkshake or   Yogurt with Berries
Lemon Tarts or   Fresh Fruit Bowl	Cream Fruit Jello or   Yogurt with Berries					
<i>Served with Apple Juice, Coffee or Tea</i>	<i>Served with Orange Juice, Coffee or Tea</i>	<i>Served with Cranberry Juice Coffee or Tea</i>	<i>Served with Apple Juice, Coffee or Tea</i>	<i>Served with Orange Juice, Coffee or Tea</i>	<i>Choice of Cranberry Juice, Coffee or Tea</i>	<i>Served with Apple Juice, Coffee or Tea</i>
  Corn Salad	  Greek Salad	  Caesar Salad	  Spinach Mandarin Salad	  Riverwood House Salad	  Zesty Coleslaw	  Baby Kale with Butternut Squash & Goat Cheese
Butter Chicken Naan Bread Basmati Rice Cauliflower & Broccoli	Classic Beef Lasagna (Spinach, Peppers Mushroom & Meat Sauce)	Battered Cod Tartar Sauce French Fries & Gravy Buttered Green Peas & Carrots	Hearty Beef Stew Pearl Onions Sliced French baguette Butter	Crispy Pork Cutlet Caramelized Onion Gravy Loaded Mashed Potatoes Braised Green Cabbage	Swedish Meatballs Mushroom Gravy Scalloped Potato Fall Vegetable Medley	Roasted Turkey Pan Gravy Classic Stuffing Herb Mashed Potatoes Green Bean Almondine Cranberry Sauce
Pumpkin Cookies & Cream Cheese Icing	Texas Garlic Toast	Chocolate Fudge brownie	Strawberry Shortcake	Coconut Cream Pie	Pumpkin Pie & Whipping Cream	Warm Apple Pie & Vanilla Ice Cream
Warm Triple Berry Crumble						
<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>	<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>	<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>	<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>	<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>	<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>	<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>

Diabetic Dessert options include: Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

 **Gluten Free Dessert options include:** Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses