



RIVERWOOD
SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY October 20th

TUESDAY October 21st

WEDNESDAY October 22nd

THURSDAY October 23rd

FRIDAY October 24th

SATURDAY October 25th

SUNDAY October 26th

HARMONY COURT

GF♥ Soup of Day Chicken Fingers Honey Dill Sauce Bacon & Pea Salad Berry & Cake Trifle or GF♥ Fruit Bowl	GF♥ Soup of Day Crispy Chicken Ceasar Salad Cheddar Biscuit & Butter Tiramisu Mousse Or GF♥ Fresh Fruit Cup	♥GF Soup of Day Roasted Vegetable Frittata Tatar Tots Lemon Pudding & Sliced Melon Or GF♥ Yogurt & Berries	GF♥ Peaches & Cream Smoothie Hearty Beef Chili Creamy Coleslaw Ice Cream & Cookies or GF♥ Yogurt & Berries	♥GF Soup of Day Ham & Swiss Sandwiches Dijon Aioli Potato Chips & Dip Date Square or GF♥ Yogurt & Berries	♥GF Soup of Day Loaded Hot Dog Crispy Onions French Fries Strawberry Milk Shake or GF♥ Fresh Fruit Bowl	♥GF Soup of Day Riverwood Breakfast Sandwich Whole Wheat Bread Hashbrowns Watermelon Slices Tripe Berry Crumble Bar or GF♥ Yogurt & Berries
Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea	Served with Juice, Coffee or Tea
♥GF Salad of Day Teriyaki Meatballs Fried Rice Green Bean, Carrot & Corn Medley Chef's Choice Dessert Served with Coffee or Tea Crackers & Cheese Orange Wedges	♥GF Tomato Juice Roasted Breaded Pork Cutlet Country Gravy Red Skin Potato Wedges Green Beans Marbel Cake Served with Coffee or Tea Red Rose Tea Warm Baked Muffin	♥GF Soup of Day Warm Naan Butter Chicken Basmati Rice Steamed Broccoli Lemon Meringue Pie Served with Coffee or Tea Fruint Punch / Lemonaid Fresh Banana Slices	♥GF Salad of Day Veal Parmesan Creamy Scalloped Potatoes Braised Green Cabbage Chocolate Fudge Brownie Served with Coffee or Tea Red Rose Tea Warm Baked Cookie	♥GF Tomato Juice Shepherd's Pie Beef Gravy Vegetable Medley Warm Peach Cobbler Served with Coffee or Tea Red Rose Tea Toasted Raisin Bread	♥GF Soup of Day Shrimp Alfredo Penne Florentine Homemade Bread Rolls & Butter German Chocolate Cake Served with Coffee or Tea Ice Cream Novelty Bars	♥GF Salad of Day Sweet & Sour Pork Ribs Baked Potato Butter & Sour Cream Green Pea & Carrots Cookies & Ice Cream Served with Coffee or Tea Fruit Punch PB & J Sandwich

Diabetic Dessert options include Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

GF Gluten Free Dessert options include Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses