



RIVERWOOD  
SQUARE  
RETIREMENT LIVING  
Live Life Here



## MENU

*The Landing*  
at  
RIVERWOOD SQUARE

*Harmony Court*  
at  
RIVERWOOD SQUARE



MONDAY July 7<sup>th</sup>

TUESDAY July 8<sup>th</sup>

WEDNESDAY July 9<sup>th</sup>

THURSDAY July 10<sup>th</sup>

FRIDAY July 11<sup>th</sup>

SATURDAY July 12<sup>th</sup>

SUNDAY July 13<sup>th</sup>

\*SUBJECT TO CHANGE\*

Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon
GF♥ Soup of Day Open Faced Hot Turkey Sandwich Texas Garlic Toast	GF♥ Soup of Day Egg Salad Whole Wheat Bread Tomato Wedges	GF♥ Fruit Smoothie Club Wrap (Ham, Turkey & Cheddar) Pickle Spears	GF♥ Soup of Day Beef Chili Homemade Biscuits Creamy Coleslaw	GF♥ Soup of Day Chicken Fingers Honey Dill Sauce French Fries	GF♥ Soup of Day Over Medium Eggs Breakfast Sausages Hashbrowns	GF♥ Soup of Day Pancakes & Maple Syrup Bacon Strips
GF♥ Broccoli Salad	Waffle Cut Fries	Coffee Berry Cake Or	Raisin Tarts Or	Ice Cream & Cookies Or	Tiramisu Mousse Or	Root Beer Floats Or
GF♥ Rainbow Jello or	GF♥ Strawberry Milkshake	GF♥ Fruit Cup	GF♥ Yogurt & Berries	GF♥ Fresh Fruit Cup	GF♥ Yogurt & Berries	GF♥ Yogurt & Berries
GF♥ Yogurt & Berries						
Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Served with Cranberry Juice Coffee or Tea	Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Choice of Cranberry Juice, Coffee or Tea	Served with Apple Juice, Coffee or Tea
GF♥ Three Bean Salad	GF♥ Garden Salad	GF♥ Spiked Tomato Juice	GF♥ Greek Salad	GF♥ Garden Salad Sesame Vinaigrette	GF♥ Caesar Salad	GF♥ Riverwood House Salad
Beef Stroganoff Gravy Egg Noodles Green Bean Almondine	Teriyaki Braised Chicken Thighs Fried Rice Buttered Baby Corn	GF♥ Sorrento Salad Mozzarella Cheese with Tomato, Lettuce, Salami & Ham	Fried Chicken Gravy Mashed Potatoes Roasted Vegetable Medley	Ginger Beef Stir fry Noodles Thai Vegetable Mix	Chicken Pot Pies Broccoli & Cauliflower Cheese Sauce	Roasted Honey Ham Raisin Sauce Baked Potato Carrots & Peas
Berry Buttermilk Cake	Banana Lush	Oil & Vinegar Dressing Ciabatta Garlic Roll Tropical Fluff	Carrot Cake	Peach Cobbler Fortune Cookies	Lemon Cream Cake	Apple Pie & Ice Cream
Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea

**Diabetic Dessert options include** Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

GF **Gluten Free Dessert options include** Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses

**Alternatives:** Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken Week 3