



RIVERWOOD
SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY June 23rd

TUESDAY June 24th

WEDNESDAY June 25th

THURSDAY June 26th

FRIDAY June 27th

SATURDAY June 28th

SUNDAY June 29th

SUBJECT TO CHANGE

Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon
GF♥ Soup of Day Riverwood Summer Salad Mixed Greens, Oranges, Strawberries, Cucumbers and Candied Walnuts and Sliced Chicken GF♥ Yogurt & Berries or Tiramisu Mousse	GF♥ Soup of Day Tuna Salad Sandwich Whole Wheat Bread BLT Pasta Salad GF♥ Yogurt & Berries Or Nanaimo Bars	GF♥ Fruit Smoothie Chicken Gnocchi Garlic Knot GF♥ Garden Salad Sweet Danites Or GF♥ Fruit Cup	GF♥ Soup of Day Potato & Cheddar Perogies Garlic Sausage Caramelized Onions Sour Cream Cookies & Ice Cream	GF♥ Soup of Day Hot Roast Beef Dip Sandwich Au Jus Potato Chips and Dip GF♥ Tangerine Mousse & Mandarin Oranges	GF♥ Soup of Day Chicken Salad Sandwich Marbel Rye Bread Pickle Spears Pretzels GF♥ Lemon & Lime Sorbet	GF♥ Soup of Day Scrambled Eggs Diced Hashbrowns Bacon Strips Toast GF♥ Vanilla Pudding with Berries
Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Served with Cranberry Juice Coffee or Tea	Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Choice of Cranberry Juice, Coffee or Tea	Served with Apple Juice, Coffee or Tea
GF♥ Riverwood House Salad Classic Beef Lasagna Roasted Cherry Tomato Texas Garlic Toast Warm Rice Pudding	GF♥ Greek Vegetable Butter Chicken Basmati Rice Naan Bread Balsamic Asparagus Saskatoon Berry Cobbler & Vanilla Ice Cream	GF♥ Beet & Apples Bangers & Mashed Caramelized Onion Gravy Braised Red Cabbage New York Cheesecake	♥GF Carrot & Raisin Slaw Glazed Meatloaf Gravy Scalloped Potatoes Cauliflower & Broccoli Cheese Sauce Caramel Bread Pudding	GF♥ Garden Salad Turkey Cutlet Demi Glaze Honey Dill Carrots Vegetable Rice Pilaf Blueberry Cheesecake Parfait	GF♥ Zesty Coleslaw Beef Stew Soda Biscuit German Chocolate Cake	GF♥ Spinach & Mandrin Salad Roasted Turkey with Gravy Cranberry Sauce Mashed Potatoes Steamed Honey Glazed Carrots Lemon Meringue Pie
Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea

Diabetic Dessert options include Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

GF **Gluten Free Dessert options include** Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses

Alternatives: Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken

Week 2