



RIVERWOOD
SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY May 5th

TUESDAY May 6th

WEDNESDAY May 7th

THURSDAY May 8th

FRIDAY May 9th

SATURDAY May 10th

SUNDAY May 11th

SUBJECT TO CHANGE

Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Vanilla & Hazelnut Coffee	Vanilla & Hazelnut Coffee
GF♥ Cream of Tomato & Basil BLT Sandwich Whole Wheat Bread Fried Tortilla Chips & Salsa Butter Tart Or GF♥ Yogurt & Berries	GF♥ Canadian Ham & Pea Roasted Vegetable Frittata Tater Tots GF♥ Fresh Sliced Melon & Berry Yogurt Dip	GF♥ Roasted Red Pepper Bisque Monte Cristo Sandwich Sweet Potato Fries Date Square Or GF♥ Yogurt & Berries	GF♥ Creamy Coleslaw Fish Nuggets Tarter Sauce Onion Rings GF♥ Fruit Cup Homemade Banana Chocolate Chip Bread	GF♥ Chicken & Wild Rice Grilled Cheese & Tomato Sandwich on Texas White Bread Green Pea & Bacon Salad GF♥ Very Berry Mousse	Peach Mimosas Old Fashioned Pancakes Maple Syrup & Nutella Whipped Cream Blueberry Pork Sausage GF♥ Chocolate Covered Strawberries GF♥ Fresh Kiwi Wild Berry Coffee Cake	Cherry Mimosas Eggs Benidict Canadian Back Bacon Hollandaise Sauce Hashbrowns GF♥ Watermelon Pizza Old Fashioned Pecan Tarts
Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Served with Cranberry Juice Coffee or Tea	Served with Apple Juice, Coffee or Tea	Served with Orange Juice, Coffee or Tea	Choice of Cranberry Juice, Coffee or Tea	Served with Apple Juice, Coffee or Tea
GF♥ Chef's Salad Italian Banger Sausage Caramelized Onion Gravy Baked Potatoes Roasted Red Peppers & Sauteed Mushrooms Cherry Pie	GF♥ Cheddar Biscuit Breaded Salmon Garlic Cream Sauce Lemon & Herb Potato Wedges Buttered Corn Chocolate Fudge Brownies	GF♥ Toasted Naan Bread Butter Chicken Basmati Rice Steamed Parsnips Upside Down Pineapple Cake	GF♥ Spinach & Mandrin Sweet & Sour Meatballs Scalloped Potatoes Green Beans Banana Lush	GF♥ Spiked Tomato Juice Beef Pot Pie Gravy Vegetable Rice Pilaf Honey Dill Carrots Strawberry Trifle	GF♥ Caesar Salad Chicken Parmesan Tomato Basil Sauce Buttered Egg Noodles Bussel Sprouts & Cauliflower Lemon Meringue Pie	GF♥ Riverwood House Salad Cranberry & Bacon Stuffed Pork Tenderloin Pan Gravy Mashed Potatoes Steamed Broccoli Poke Vanilla Cake Berry Compote
Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea	Served with Coffee or Tea

Diabetic Dessert options include Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

GF **Gluten Free Dessert options include** Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses

Alternatives: Chefs Choice Sandwich, Liver & Onions, Shepherd's Pie, Fish or Chicken

Week 2