



RIVERWOOD SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY March 24th **TUESDAY March 25th** **WEDNESDAY March 26th** **THURSDAY March 27th** **FRIDAY March 28th** **SATURDAY March 29th** **SUNDAY March 30th**

HARMONY COURT

<p>GF♥ Potato & Dill</p> <p>Egg Salad Sandwich Whole Wheat Bread</p> <p>Pasta Salad</p> <p>GF♥ Tropical Fruit Cups</p>	<p>GF♥ Sausage & Vegetables</p> <p>Spinach & Ricotta Tortellini Creamy Tomato Sauce</p> <p>Pickle Wedges</p> <p>GF♥ Fruit Cocktail Cups</p>	<p>GF♥ Tomato & Basil</p> <p>BLT White Bread</p> <p>Corn & Feta Salad</p> <p>GF♥ Vanilla Milk Shakes</p>	<p>GF♥ Carrot & Ginger</p> <p>Chicken & Cheese Quesadilla Salsa & Sour Cream Corn Chips</p> <p>GF♥ Yogurt & Berries Homemade Cinnamon Buns</p>	<p>GF♥ Pork Noodle</p> <p>Chicken Fingers Potato Salad</p> <p>Honey Dill Sauce</p> <p>GF♥ Ice Cream & Cookies</p>	<p>GF♥ Minestrone</p> <p>Vegetable & Ricotta Frittata Roasted Sausages Patties</p> <p>Orange Wedges</p> <p>GF♥ Chocolate Mousse</p>	<p>GF♥ Very Berry Smoothie</p> <p>Scrambled Eggs Bacon Strips Shredded Hashbrown</p> <p>GF♥ Fresh Fruit Bowl</p>
2Pm Afternoon Snack: Fruit	2Pm Afternoon Snack: Fruit	2Pm Afternoon Snack: Fruit	2Pm Afternoon Snack: Fruit	2Pm Afternoon Snack: Fruit	2Pm Afternoon Snack: Fruit	2Pm Afternoon Snack: Fruit
<p>♥GF Salad of Day</p> <p>Baked Macaroni & Cheese Crumbled Bacon</p> <p>Roasted Vegetable Medley</p> <p>Chocolate Fudge Brownies</p> <p>Fresh Fruit & Coffee Cake</p>	<p>♥GF Tomato Juice</p> <p>Glazed Meat Loaf Gravy Mashed Potatoes Braised Green Cabbage</p> <p>Cheesecake Shooters</p> <p>Garlic Sausage & Cheese with Crackers</p>	<p>♥GF Soup of Day</p> <p>BBQ Baked Chicken Leg & Thigh Rice Pilaf Honey Dill Carrots</p> <p>Warm Apple Crisp & Vanilla Ice Cream</p> <p>Fresh Fruit & Banana Bread</p>	<p>♥GF Salad of Day</p> <p>Creamy Gnocchi Chicken & Kale Buttered Corn</p> <p>Vanilla Lush</p> <p>Fruit Cocktail & Fresh Baked Cookies</p>	<p>♥GF Tomato Juice</p> <p>Pan Fried Fish Tartar Sauce Lemon Wedge Red Skin Potato Wedges Root Vegetable medley</p> <p>Tapioca Pudding</p> <p>Fresh Fruit & Fresh Baked Muffins</p>	<p>♥GF Soup of Day</p> <p>Spaghetti & Meat Sauce Sauteed Mushrooms & Texas Toast</p> <p>Local Saskatoon Berry Pie</p> <p>Ice Cream Bars & Cinnamon Raisin Toast</p>	<p>♥GF Salad of Day</p> <p>Cherry & Pineapple Glazed Ham Baked Potatoes Green Peas & Carrots</p> <p>Cookies & Ice Cream</p> <p>Fresh Fruit & Cheese Sandwiches</p>

Diabetic Dessert options include Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies
GF Gluten Free Dessert options include Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses