



RIVERWOOD SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing
at RIVERWOOD SQUARE

Harmony Court
at RIVERWOOD SQUARE



MONDAY Dec 16

TUESDAY Dec 17

WEDNESDAY Dec 18

THURSDAY Dec 19

FRIDAY Dec 20

SATURDAY Dec 21

SUNDAY Dec 22

Gluten Free Soup & Garden Green Salad (served with choice of dressing) – Served Daily

MONDAY Dec 16	TUESDAY Dec 17	WEDNESDAY Dec 18	THURSDAY Dec 19	FRIDAY Dec 20	SATURDAY Dec 21	SUNDAY Dec 22
Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon
GF♥ Tomato Basil Soup	GF♥ Chicken Vegetable Soup	GF♥ Carrot Ginger	GF♥ Hearty Chicken Noodle	GF♥ Cream Tomato Soup	♥GF Smoothie	GF♥ Tomato Basil Soup
Chicken Pot Pie Gravy Garden Salad	Tuna Salad Sandwich Tomato Lettuce Potato Chips	Open-Face Sloppy Joe's Coleslaw	Egg Salad Sandwich Whole Wheat Bread Sweet Mixed Pickles	Grilled Cheese And Bacon Whole Wheat Bread Dill Pickel	Vegetable Florentine Frittatas Mandarin Walnut Spinach Salad	Waffles Blueberry Sauce Maple Syrup Bacon Whipped Cream
Neapolitan Ice Cream	Triple Berry Cake	Chef's Choice Pudding	Strawberry Mousse	Christmas Cookies n Hot Chocolate	GF♥ Yogurt with Berries	Festive Ice Cream
GF♥ Fresh Fruit Bowl	GF♥ Yogurt with Berries	GF♥ Fresh Fruit Bowl	GF♥ Yogurt with Berries	GF♥ Fresh Fruit Bowl		GF♥ Yogurt with Berries
Chefs Choice	Alternative: Toasted Tomato & Cheese	Alternative: Chef Choice	Alternative: Grilled Cheese	Alternative: Bacon, Lettuce & Tomato	Alternative: Chef Choice	Alternative: Tuna Salad
Caesar Salad	Naan Bread	♥GF Riverwood House Salad	♥GF Shrimp Crab Cakes Deluxe Caesar Salad	♥GF Tossed Salad Bread Rolls	♥GF Greek Salad	♥GF Riverwood House Salad
Honey Dijon Glazed Ham Scalloped Potatoes Buttered Pea	Butter Chicken Basmati Rice Naan Bread	Cranberry Glazed Roasted Pork Loin Scalloped Potatoes Vegetable Medley	Chicken Kiev Hollandaise Sauce Duchess Potatoes Balsamic Glazed Roasted Asparagus with Cherry Tomatoes	Breaded Pan-Fried Pickeral Lemon Butter Buttered Corn Roasted Potato Wedges	Classic Lasagna Spinach, Peppers Mushrooms Meat Sauce	Bread Rolls Beef Pot Roast Roasted Potatoes Gravy Roasted Root Vegetables
Boston Cream Cake	Strawberry Mango Pie	Chocolate Brownie	Tiramisu Specialty Coffees	Black Forest Cake	Pears Helen (Vanilla Ice cream, Almonds, Chocolate Sauce)	Peach Pie Whipped Cream
Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken

Diabetic Dessert options include: Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

GF **Gluten Free Dessert options include:** Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses

Week 3