



MENU

The Landing
at
RIVERWOOD SQUARE

Harmony Court
at
RIVERWOOD SQUARE



MONDAY 18 November

TUESDAY 19 November

WEDNESDAY 20 November

THURSDAY 21 November

FRIDAY 22 November

SATURDAY 23 November

SUNDAY 24 November

Gluten Free Soup & Garden Green Salad (served with choice of dressing) – Served Daily

Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon
<p> Bacon & Potato Chowder</p> <p>Deluxe Tuna Salad Wheat Bread Carrot & Raisin Salad</p> <p>Butterscotch Pudding Fresh Fruit Bowl</p>	<p> Hearty Tomato Vegetable Soup</p> <p>Vegetable & Cheese Quesadilla Salsa & Sour Cream Riverwood Salad</p> <p>Strawberry Fruit Jello Yogurt with Berries</p>	<p> Asparagus Potato Soup</p> <p>Ham & Swiss Croissant Dijon Mayonnaise Cucumber Salad</p> <p>Blue berry Tart Fresh Fruit Bowl</p>	<p> Cream of Carrot Dill</p> <p>Chicken & Vegetable Pie With Gravy Garden Salad</p> <p>Coffee Crunch Bars Yogurt with Berries</p>	<p> Ham & Split Pea</p> <p>Club House Sandwich Brioche Bread (Lettuce, Tomato, Bacon, Turkey) Potato Chips Dill Pickle</p> <p>Tiramisu Mousse Fresh Fruit Bowl</p>	<p> Smoothie</p> <p>Frittatas Mandarin Walnut Spinach Salad</p> <p>Watermelon slice Yogurt with Berries</p>	<p> Borscht with Dill Sour Cream</p> <p>Riverwood Breakfast Sandwich Fresh Bun (Fried Egg, Sausage, Cheese, Mayonnaise)</p> <p>Chocolate Milkshake Yogurt with Berries</p>
Alternative: Egg Salad	Alternative: Toasted Tomato & Cheese	Alternative: Chef Choice	Alternative: Grilled Cheese	Alternative: Bacon, Lettuce & Tomato	Alternative: Chef Choice	Alternative: Tuna Salad
Caesar Salad	Broccoli Salad	Garden Salad	Riverwood House Salad	Coleslaw Salad	Consommé Soup	Riverwood House Salad
Shepherd's Pie Savory Gravy Sautéed Carrots & Peas	Moroccan Lemon Chicken Rice Pilaf Oriental Vegetables Stew	Beef, Potato Stew Buttered Mixed Vegetable Bread rolls	Pork Cutlet with Gravy Garlic Mashed Potatoes Braised Cabbage	Poached Salmon Roasted Potatoes Hollandaise Sauce Roasted Garlic Asparagus Cherry Tomatoes	Italien Bolognese Spaghetti Shredded Parmesan Garlic Bread	Honey Dijon Glazed Ham Scalloped potatoes Roasted Root Vegetable
Lemon Lush	Coconut Cream Pie	Banana split with (Vanilla Ice Cream, Roasted Almond, Chocolate Syrup)	German Chocolate Cake	Raspberry Trifle Delight	Apple Crumble with Caramel Sauce	Mango Cobbler
<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>	<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>	<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>	<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>	<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>	<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>	<i>Alternatives: Liver & Onions, Shepherd's Pie, Fish or Chicken</i>

Diabetic Dessert options include: Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

Gluten Free Dessert options include: Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses