

Gluten Free Soup & Garden Green Salad (served with choice of dressing) – Served Daily						
	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon	Two Eggs any style with Bacon
G ♥Fruit Smoothie	Ge♥ Borscht with Dill Sour Cream	Image: Cream of Cauliflower	Get Hearty Chicken Noodle	^G ♥ Cream of broccoli	♥ ^{GB} Smoothie	Ge♥Tomato Basil Soup
FRITTATAS BRUNCH (Sausage & baked tomatoes) Mandarin walnut spinach salad	Ranch Turkey & Bacon Salad Sandwich on Whole Wheat Bread Carrot & Raisin Salad	Vegetable & Cheese Quesadilla Salsa & Sour cream Cucumber salad	Ham & Swiss cheese on brown bread Riverwood House Salad	Open-Face Sloppy Joe's Fried Diced Potatoes and Peppers	Western Omelet with Bacon Bread Roll	Classic Grilled cheese on White Bread Potato Chips with Dip
Mixed berry Crumble	Fruit Jello ☞♥Yogurt with Berries	Root Beer Float ⓓ♥Fresh Fruit Bowl	Nanaimo bars ☞♥♥Yogurt with Berries	Raspberry Mousse	Watermelon slice ☞♥Yogurt with Berries	Strawberry Milkshake
	Alternative: Toasted Tomato & Cheese	Alternative: Chef Choice	Alternative: Grilled Cheese	Alternative: Bacon, Lettuce & Tomato	Alternative: Chef Choice	Alternative: Tuna Salad
Cream butter squash soup	♥ [@] Greek Salad	♥ Coleslaw salad	♥ GSpinach Mandarin Salad	♥ ^{GR} iverwood House Salad	♥ Coleslaw salad	♥ Corn Bread Muffins
Chicken brie & Apple Mashed potatoes Cranberry sauce Garlic sauteed Prince Edwards	Classic Lasagna (sauteed spinach, peppers Mushroom with meat sauce)	Battered Cod Tartar Sauce Sweet potatoes crinkle fries with gravy Buttered green peas &carrots	Beef bourguignon Egg noodle pasta Shredded cheese Sliced French baguette	Pork Cutlet with Gravy Garlic Mashed Potatoes Braised Cabbage	Riverwood fried chicken with Gravy Potatoes wedge	Slow-Braised Barbecue St. Louis Ribs Scalloped Potato Sautee Green Beans
Pumpkin cookies &cream	Mango pappa cotta	Chocolata brownia	Mined Develop Trifle	Lomon Moringuo Pio	New York Cheesecake	

Pumpkin cookies & cream Mango panna cotta Chocolate brownie Lemon Meringue Pie New York Cheesecake Mixed Berries Trifle **Rainbow Sorbet** cheese icing Alternatives: Liver & Alternatives: Liver &

Onions, Shepherd's Pie,

Fish or Chicken



Diabetic Dessert options include: Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies G Gluten Free Dessert options include: Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses