

## **MENU**

The Landing Harmony Court RIVERWOOD SQUARE RIVERWOOD SQUARE



**MONDAY April 22** 

**TUESDAY April 23** 

**WEDNESDAY April 24** 

**THURSDAY April 25** 

FRIDAY April 26

**SATURDAY April 27** 

**SUNDAY April 28** 

Gluten Free Soup & Garden Green Salad (served with choice of dressing) – Served Daily

Breakfast for Lunch Two Eggs any style with Bacon	Breakfast for Lunch Two Eggs any style with Bacon	Breakfast for Lunch Two Eggs any style with Bacon	Breakfast for Lunch Two Eggs any style with Bacon	Breakfast for Lunch Two Eggs any style with Bacon	Breakfast for Lunch Two Eggs any style with Bacon	Breakfast for Lunch Two Eggs any style with Bacon
G ← Cream of Potato & Asparagus	G ▼Tomato, Vegetable and Bean Soup	GF♥Cream of Vegetable	<sup>GF</sup> ♥Chicken and Rice Soup	<b>☞♥</b> Corn Chowder	<b>♥</b> <sup>G</sup> Smoothie	<b>G</b> ← Minestrone
Baked Chicken Fingers with Honey Dill Sauce Potato Wedges	Fish Burger with Tartar Sauce Coleslaw	Hearty Beef & Bean Chili Sour Cream and Cheese Tortilla Chips	Cold Plate: Croissant, Egg Salad, Turkey, Cheese and Pickles	Barbecue Pulled Pork with on a Bun Coleslaw	Denver Scrambled Eggs (Diced Ham, Green Onions and Cheese) Biscuits	Chef's Salad with Ranch Dressing (Lettuce, Egg, Chicken, Bacon, Cucumbers & Tomatoes)
Vanilla Pudding or Fresh Fruit Bowl	Fruit Jell-O or	Butter Tarts or	Strawberry Ice Cream or	Lemon Mousse or	Cinnamon Raisin Rice Pudding Or	Garlic Bread Sticks  Peaches & Cream  Or  GF♥Yogurt with Berries
Alternative: Tuna Salad	Alternative: Toasted Tomato & Bacon	Alternative: Chef Choice	Alternative: Grilled Cheese	Alternative: Bacon, Lettuce & Tomato	Alternative: Chef Choice	Alternative: Egg Salad
Gr → Riverwood House Salad  Meatloaf with Gravy Garlic Mashed Potatoes Steamed Dill Carrots  Rhubarb Crisps with Vanilla Ice Cream	Fresh Baked Bread Rolls Roasted Pork loin with Country Gravy Roasted Baby Potatoes Steamed Green Peas Strawberry Lush	Greek Salad  Garlic & Rosemary  Roasted Chicken Breast  with Tzatziki Sauce  Pita Bread or Potatoes  Sauteed Green Beans  and Peppers  Chocolate Fudge  Brownie	Riverwood House Salad  Salisbury Steak with Tomato Gravy Mashed Potatoes Vegetable Medley  Date Square	Sour Cream & Dill Cucumber and Red Onion Salad  Potato & Chive Crusted Cod Baked Potato Steamed Green Peas and Carrots  Blueberry Cheesecake	© Vegetable Spring Rolls with Plum Sauce Chicken & Vegetable Stir-Fry	Riverwood House Salad Honey Glazed Baked Ham Scalloped Potato Steamed PEI Vegetables Apple Pie
Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken



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Diabetic Dessert options include: Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies Guten Free Dessert options include: Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses