

MENU

The Landing Harmony Court RIVERWOOD SQUARE RIVERWOOD SQUARE



| MONDAY April 15 | TUESDAY April 16 | WEDNESDAY April 17 | THURSDAY April 18 | FRIDAY April 19 | SATURDAY April 20 | SUNDAY April 21 |
|---|---|---|---|--|---|---|
| Gluten Free Soup & Garden Green Salad (served with choice of dressing) – Served Daily | | | | | | |
| Breakfast for Lunch Two Eggs any style with Bacon | Breakfast for Lunch Two Eggs any style with Bacon | Breakfast for Lunch Two Eggs any style with Bacon | Breakfast for Lunch Two Eggs any style with Bacon | Breakfast for Lunch Two Eggs any style with Bacon | Breakfast for Lunch Two Eggs any style with Bacon | Breakfast for Lunch Two Eggs any style with Bacon |
| Cream Of Broccoli Soup Vegetable Quiche Pear & Walnut Salad Lemon Mousse or Yogurt & Berries | Onion Soup Fish Burger Coleslaw Tartar Sauce Or Yogurt & Berries | Hearty Chicken Noodle Soup Cobb Salad with feta cheese (Lettuce, tomato, cucumber, bacon chicken, egg) Fresh Baked Bread Rolls | Cream of Tomato Soup Grilled Cheese and Tomato Potato Wedges Chocolate Milkshake or Yogurt & Berries | Potato & Bacon Soup Egg Nip (egg, bacon, cheese) Tomato Slices Banana Pudding or Yogurt & Berries | French Toast with Strawberry Compote & Breakfast Sausage Fresh Fruit Lemon Lime Sorbet or | Beef Vegetable Soup Ham & Swiss Croissant Broccoli Salad Fruit Cocktail Dessert Cup or Yogurt & Berries |
| Lunch Sandwich Alternative: Tuna salad | Lunch Sandwich Alternative: Chef Choice | or Yogurt & Berries Lunch Sandwich Alternative: BLT | Lunch Sandwich Alternative: Ham | Lunch Sandwich Alternatives: Fried Egg | Yogurt & Berries Lunch Sandwich Alternative: Grilled Cheese | Lunch Sandwich Alternative: Egg Salad |
| G ← Caesar Salad Shepherd's Pie with Gravy Steamed Green Peas Strawberry Lush | Greek Salad Pork Loin in White Wine Thyme Sauce Baked Potato Honey Glazed Carrot Rhubarb Crisp with Ice Cream | GCOq Au Vin (Chicken Braised in Red Wine Sauce) Roasted Potato Vegetable Medley Banana Split | Riverwood House Salad Pan-Fried Pickerel with Lemon Cream Sauce Mashed Potatoes Steamed Green Beans Berry Crumble | Riverwood House Salad Teriyaki Chicken Balls Steamed Rice Steamed Broccoli Chocolate Mousse | Spinach Mandarin Salad Spaghetti with Meat Sauce Garlic Bread Stick Trifle Delight | Riverwood House Salad Roasted Turkey with Gravy, Cranberry Sauce, Stuffing, Mashed Potatoes and Roasted Root Vegetable Cherry Pie |
| Alternative: Liver & Onions, Fish or Chicken | Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken | Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken | Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken | Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken | Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken | Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken |



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Diabetic Dessert options include: Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies Guten Free Dessert options include: Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses