



RIVERWOOD
SQUARE
RETIREMENT LIVING
Live Life Here



MENU

The Landing at RIVERWOOD SQUARE
Harmony Court at RIVERWOOD SQUARE



MONDAY March 18

TUESDAY March 19

WEDNESDAY March 20

THURSDAY March 21

FRIDAY March 22

SATURDAY March 23

SUNDAY March 24

Gluten Free Soup & Garden Green Salad (served with choice of dressing) – Served Daily

Breakfast for Lunch Two Eggs any style with Bacon	Breakfast for Lunch Two Eggs any style with Bacon	Breakfast for Lunch Two Eggs any style with Bacon	Breakfast for Lunch Two Eggs any style with Bacon	Breakfast for Lunch Two Eggs any style with Bacon	Breakfast for Lunch Two Eggs any style with Bacon	Breakfast for Lunch Two Eggs any style with Bacon
♥GF Cream of Broccoli Soup	♥GF Hearty Vegetable Soup	♥GF Chicken Noodle Soup	♥GF Hearty Vegetable Soup	♥GF Ham & Split Pea Soup	♥GF Smoothie	GF ♥ Tomato Basil Soup
Tuna Salad Sandwich	Mediterranean Salad with Chicken Breast	Loaded Hot Dog (Shredded Cheese, tomato, onion)	Egg Nip (egg, sausage, cheese)	Turkey Pot Pie	French Toast Whipped Cream/Syrup Bacon Fruit Medley	Corned Beef & Swiss Sandwich on Marble Rye
GF Coleslaw	Bread Stick	Potato Chips & Dip	Tomato Slices	Broccoli Salad		Cucumber & Dill salad
♥GF Cola Float Or	GF Fruit Jell-O or	♥GF Ice Cream & Wafer Cookies or	Chocolate Swirl Pudding or	GF ♥GF Orange Sherbert or	♥GF Tangerine Mousse or	Fruit Cocktail Dessert Cup or
GF ♥ Yogurt & Berries	GF ♥ Yogurt & Berries	GF ♥ Yogurt & Berries	GF ♥ Yogurt & Berries	GF ♥ Yogurt & Berries	GF ♥ Yogurt & Berries	GF ♥ Yogurt & Berries
Lunch Sandwich Alternative: Egg Salad	Lunch Sandwich Alternative: Toasted Tomato, Bacon	Lunch Sandwich Alternative: Ham	Lunch Sandwich Alternative: Tuna Salad	Lunch Sandwich Alternative: Chef Choice	Lunch Sandwich Alternative: Grilled Cheese	Lunch Sandwich Alternative: Corned Beef
GF ♥ Greek Salad	Caesar Salad	GF ♥ Riverwood House Salad	GF ♥ Classic Greek Salad	Caesar salad	GF ♥ Spinach Mandarin Salad	GF ♥ Riverwood House Salad
Sweet & Sour Meatballs	GF ♥ Roast Pork Loin	Honey Garlic Glazed Salmon	Chicken Picatta	Spaghetti & Meat Sauce	GF ♥ Roasted Chicken	BBQ Ribs
GF Coconut Rice	Fried Perogies Onion & Bacon	Mashed Potatoes	Lemon Garlic Rice	Home Made Garlic/Parmesan Dinner Roll	Roasted Potato ♥ Corn & Green Beans	Loaded Baked Potato
Steamed Broccoli	Vegetable Medley	Roasted Vegetable Medley	Vegetable Medley	Ice Cream Sundae	Apple Crisp with Ice Cream	Baked Beans Peach Pie
German Chocolate Cake	Peach Cobbler	Berry Trifle Delight	Chocolate Lush			
Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken	Alternative: Liver & Onions, Shepherd's Pie, Fish or Chicken

♥ **Diabetic Dessert options include:** Maple Walnut, or Black Cherry Ice Cream, Fresh Fruit, Jell-O, Puddings, Mousses, Cookies

GF **Gluten Free Dessert options include:** Jell-O, Fresh Fruit Plate, Gluten Free Brownie, Cookies, Puddings, Mousses