

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# MARCH 2023

## HARMONY COURT

<p>10:45 Fort Garry M.B. Live Church Service - Theatre <b>5</b></p> <p>2:00 Pathways Spring – Theatre</p> <p>7:00 Curling – Theatre 8:00 Brainteaser – In House</p>	<p>10:30 Exercise – Theatre <b>6</b></p> <p>2:00 Picture This Reminisce – In House</p> <p>2:00 Spring is Coming! Drive through St. Vital Park (2<sup>nd</sup> Floor)</p> <p>6:30 Jets Vs. Sharks – In House (13)</p> <p>7:00 Oscar Winning Musicians! Stevie Wonder. Live at Last - Theatre 8:00 Brainteaser – In House Purim Begins</p>	<p>10:30 Walk the Landing <b>7</b></p> <p>2:00 Noodle Hockey - Theatre</p> <p>7:00 Karafun Karaoke – Theatre</p> <p>8:00 Brainteaser – In House</p>	<p><b>HAPPY BIRTHDAY MARY VALENTINE</b> <b>1</b></p> <p>10:30 Exercise – Theatre</p> <p>2:00 Happy Hour with Cal - Theatre</p> <p>7:00 Bingo – Theatre</p> <p>8:00 Group Word Game – March Trivia - In House</p>	<p>10:30 Walk the Landing <b>2</b></p> <p>2:00 Women’s Club Spa Day! (Nail painting and Hand Massages) – In House</p> <p>2:00 Men’s Club Axe Throwing - Theatre</p> <p>7:00 Karafun Karaoke – Theatre 8:00 Brainteaser – In House</p>	<p>10:30 Exercise – Theatre <b>3</b></p> <p>2:00 Spring is Coming! Drive through St. Vital Park (1<sup>st</sup> Floor)</p> <p>2:00 Jenga – In House</p> <p>7:00 Nostalgic Shows – The Brady Bunch - Theatre 8:00 Brainteaser – In House 8:00 Jets Vs. Oilers Hockey – Channel 13 In House</p>	<p>10:30 Exercise – Theatre <b>4</b></p> <p>2:00 Bingo - Theatre</p> <p>6:00 Jets Vs. Oilers Hockey – In House Channel 13</p> <p>7:00 Saturday Night Dance Party - Theatre 8:00 Brainteaser – In House</p>
<p><b>DAYLIGHT SAVINGS</b> <b>12</b></p> <p>10:30 Hymn Sing - Theatre 10:30 Small Group Memory Book Program – Activity Room</p> <p>2:00 Live Hymn Sing with Heidi – Theatre</p> <p>6:00 Jets Vs. Lightning – In House 7:00 95<sup>th</sup> Academy Awards - Theatre 8:00 Brainteaser – In House</p> <p>Daylight Saving Time Begins</p>	<p>10:30 Exercise – Theatre <b>13</b></p> <p>2:00 Academy Award Winning Songs with Sandra Benham and Shirley Burton! - Theatre</p> <p>7:00 Interdenominational Church – Theatre</p> <p>8:00 Brainteaser – In House</p>	<p>10:30 Walk the Landing <b>14</b></p> <p>2:00 Mental Fitness with Music (Small Group)– Theatre</p> <p>2:00 Leprechauns on the Loose – In House</p> <p>6:00 Jets Vs. Hurricanes – In House</p> <p>7:00 Bean Bag Toss - Theatre 8:00 Brainteaser – In House</p>	<p><b>HAPPY BIRTHDAY HUGH STEVENSON</b> <b>15</b></p> <p>10:30 Exercise – Theatre</p> <p>2:00 Riverwood Vacation! Travelling to Ireland – Theatre</p> <p>7:00 Bingo – Theatre</p> <p>8:00 Group Word Game – Truth or Blarney - In House</p>	<p>10:30 Walk the Landing <b>16</b></p> <p>2:00 Celebrating St. Patrick’s Day with Tom McDermott – Theatre (Facebook Live)</p> <p>7:00 Jets Vs. Bruins – In House (13)</p> <p>7:00 Karafun Karaoke – Theatre 8:00 Brainteaser – In House</p>	<p>10:30 Exercise – Theatre <b>17</b></p> <p>2:00 Spring is Coming! Drive through St. Vital Park (3<sup>rd</sup> Floor)</p> <p>2:00 St. Patrick’s Day Colouring – In House</p> <p>7:00 Nostalgic Shows – The Brady Bunch – Theatre 8:00 Brainteaser – In House</p> <p>St. Patrick’s Day</p>	<p><b>HAPPY BIRTHDAY BEVERLY VARGAS</b> <b>11</b></p> <p>10:30 Exercise – Theatre</p> <p>2:00 Mosaic Paper Shamrocks – In House</p> <p>6:00 Jets Vs. Panthers – In House (13)</p> <p>7:00 Saturday Night Dance Party - Theatre 8:00 Brainteaser – In House</p>
<p>10:30 Hymn Sing – Theatre <b>19</b></p> <p>10:30 Small Group Memory Book Program – Activity Room</p> <p>2:00 Coffee Filter Butterflies (Part 2) – In House</p> <p>6:00 Jets Vs. Blues – In House (13)</p> <p>7:00 Bingo – Theatre 8:00 Brainteaser – In House</p>	<p>10:30 Exercise – Theatre <b>20</b></p> <p>2:00 Beach Ball Volleyball - Theatre</p> <p>2:00 Spring is Coming! Drive through St. Vital Park (4<sup>th</sup> Floor)</p> <p>7:00 Oscar Winning Musicians! Elton John London. Live in Hyde Park – Theatre 8:00 Brainteaser – In House</p> <p>Spring Begins</p>	<p>10:30 Exercise – Theatre <b>21</b></p> <p>1:00 Spring Break Bingo with the Special Olympics Team from Charleswood School - Theatre</p> <p>7:00 Jets Vs. Coyotes – In House 7:00 Axe Throwing – Theatre 8:00 Brainteaser – In House</p>	<p>10:30 Exercise – Theatre <b>22</b></p> <p>2:00 Spring Break Travelling Tattoo Parlour – In House</p> <p>7:00 Bingo – Theatre</p> <p>8:00 Group Word Game – Finish the Proverb - In House</p> <p>Ramadan Begins</p>	<p>10:30 Walk the Landing <b>23</b></p> <p>2:00 Spring has Sprung Tea - Theatre</p> <p>7:00 Karafun Karaoke – Theatre</p> <p>8:00 Brainteaser – In House 9:00 Jets Vs. Ducks – In House (13)</p>	<p>10:30 Exercise – Theatre <b>24</b></p> <p>2:00 Happy Hour with Brian– Theatre (Facebook Live)</p> <p>7:00 Nostalgic Shows – The Brady Bunch – Theatre 8:00 Brainteaser – In House</p>	<p><b>HAPPY BIRTHDAY EVA SMITH</b> <b>25</b></p> <p>10:30 Exercise – Theatre</p> <p>2:00 Sewing Club (Small Group – Theatre)</p> <p>3:00 Jets Vs. Kings – In House (13)</p> <p>7:00 Saturday Night Dance Party – Theatre 8:00 Brainteaser – In House</p>
<p>10:30 Hymn Sing - Theatre <b>26</b></p> <p>10:30 Small Group Memory Book Program – Activity Room</p> <p>2:00 Live Hymn Sing with Heidi – Theatre</p> <p>7:00 Bingo – Theatre 8:00 Brainteaser – In House</p>	<p>10:30 Exercise – Theatre <b>27</b></p> <p>2:00 Karaoke with Linda – Theatre</p> <p>7:00 Oscar Winning Musicians! Lionel Ritchie Coming Home. Live in Paris – Theatre 8:00 Brainteaser – In House</p>	<p>10:30 Walk the Landing <b>28</b></p> <p>2:00 Mental Fitness with Music (Small Group)– Lower Level</p> <p>2:00 Snakes and Ladders - In House</p> <p>7:00 Curling – Theatre 8:00 Brainteaser – In House 9:30 Jets Vs. Sharks – In House (13)</p>	<p>10:30 Exercise – Theatre <b>29</b></p> <p>2:00 March Birthday Party - Theatre</p> <p>7:00 Bingo – Theatre</p> <p>8:00 Group Word Game – Name 5 - In House</p>	<p>10:30 Walk the Landing <b>30</b></p> <p>2:00 Move it to the Music with the Girouard Trio (Maverick, Avery, and Bryn) - Theatre</p> <p>7:00 Karafun Karaoke – Theatre 8:00 Brainteaser – In House</p>	<p>10:30 Exercise – Theatre <b>31</b></p> <p>2:00 Toss a Tune - In House</p> <p>7:00 Nostalgic Shows – The Brady Bunch – Theatre 7:00 Jets Vs. Red Wings – In House 8:00 Brainteaser – In House</p>	